
little east conference

Thursday, October 12, 2006

EASTERN W-VOLLEYBALL SWEEPS SMITH COLLEGE, 3-0

Win is Warriors' 15th in their last 18 matches; team improves to 18-7 on season

WILLIMANTIC, Conn. – The Eastern Connecticut State University women's volleyball team never trailed by more than three points in winning a tightly-contested match over Smith College in three games Thursday night at Francis E. Geissler Gymnasium. Game scores were 30-23, 30-27, 30-28.

The win is the 15th in the last 18 outings for Eastern (18-7), which broke a six-match losing streak at the hands of Smith (8-11) – five of them in sweeps. Both teams were coming off conference playoff championships and NCAA tournament appearances a year ago.

In Game 1, Eastern broke from a 12-all tie by scoring 14 of the next 18 points to move out to a ten-point, 26-16 lead. The Pioneers got no closer than five points the rest of the way.

The Warriors never trailed in Game 2 and took a seven-point lead into the later stages of the game before the Pioneers rallied for a 27-all tie. Middle blocker **Emma Sousa (Jr./Coventry)** and outside hitter **Angela Loomis (Jr./Meriden)** sandwiched kills around a Smith attack error to give Eastern the final three points.

Smith erected its largest lead of the night at three points early in the final game. Successive kills by Sousa helped Eastern erase the deficit and the teams traded points and were tied at 23-all. At that point, Loomis had two block assists and a kill to push the Warriors into a 26-23 lead and Eastern never trailed thereafter.

Loomis tied her career-high in the match with 22 digs and added a season-high 13 kills with a .379 attack percentage and also handled 22 reception attempts without an error. Sousa led the Warriors with 18 kills and a .563 attack percentage; libero **Marianna Capomolla (Sr./Stamford)** had a team-high 28 digs and also contributed two service aces and was successful on 28 of 29 reception attempts; **Priscilla Dougherty (Jr./Island Park, NY)** posted career-highs with 48 set assists and 25 digs.

Junior Catherine Shafer topped Smith with 11 kills and 15 digs, junior Sara Hoffman adding 11 kills, senior Erin Schaefer 15 digs, sophomore Courtney Parker five blocks and freshman setter Mikal Minarich 24 set assists.

Eastern hosts Newbury College (11 a.m.) and Clark University (3 p.m.) Sunday.

Eastern Conn. 3, Smith College 0

Smith College (8-11)	23	27	28
Eastern Conn. (18-7)	30	30	30

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little east conference

Saturday, Oct. 7, 2006

26th Annual Crabtree Classic Women's Volleyball Tournament At Willimantic, Conn. Round Robin

FINAL STANDINGS

	MATCH			GAME		
Southern Wesleyan U.	4	0	1.000	12	5	.706
Brandeis U.	2	2	.500	9	6	.600
Eastern Conn.	2	2	.500	9	7	.563
Johnson & Wales U.	2	2	.500	8	8	.500
Salve Regina U.	0	4	.000	0	12	.000

ALL-TOURNAMENT TEAM

14 KATELYN BARNES*	So. Wesleyan U.	Fr.	5-9	Gilbert, AZ
7 Jessica Angeli	So. Wesleyan U.	So.	5-9	Fort Collins, CO
11 Piera Carfagno	Brandeis U.	Fr.	5-11	Los Angeles, CA
2 Marianna Capomolla	Eastern Conn.	Sr.	5-5	Stamford, CT
18 Alana Schloff	Johnson & Wales U.	So.	5-11	Chicago, IL
2 Shannon Rounseville	Salve Regina U.	Sr.	5-5	Rochester, MA

*-*Most Outstanding Player*

Team Records:

Southern Wesleyan U.	16-5	Johnson & Wales U.	14-11
Brandeis U.	8-7	Salve Regina U.	3-15
Eastern Conn.	17-7		

(more)

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Saturday's Results

Eastern Conn. 3, Salve Regina U. 0 (30-17, 30-19, 30-21)

Stat leaders:

ECSU: Emma Sousa 13 kills, .400 attack pct. 5 blocks; Priscilla Dougherty 27 set assists; 14 digs; Marianna Capomolla 10 digs.

SRU: Brittany Canaff 6 kills, 8 digs; Deanna Salter 6 kills; Amanda Harmon 20 digs; Rachel Cirella 14 set assists.

Southern Wesleyan U. 3, Johnson & Wales U. 2 (28-30, 30-25, 30-21, 28-30, 15-8)

Stat leaders:

SWU: Katelyn Barnes 24 kills; Carly Newton 17 kills, 5 blocks; Jessica Angeli 14 kills, 6 service aces, 28 digs; Janelle Hunton 22 digs; Lauren Blackwell 48 set assists.

JWU: Kelle Pfunder 15 kills, Ashley Constantino 11 kills, 19 digs; Kristen Gawrys 11 kills, 26 digs; Alana Schloff 9 kills, 5 blocks; Audra Vaccari 51 set assists.

Southern Wesleyan U. 3, Salve Regina U. 0 (30-20, 30-16, 30-22)

Stat leaders:

SWU: Katelyn Barnes 17 kills; Jessica Angeli 11 kills; Jessica Whitfield 9 digs; Janelle Hunton 16 set assists; Lauren Blackwell 13 set assists.

SRU: Catherine Lippincott 7 kills; Deanna Salter 4 kills, 7 digs; Brittany Canaff 8 digs; Rachel Cirella 13 set assists.

Brandeis U. 3, Johnson & Wales U. 0 (30-23, 30-22, 30-24)

Stat leaders:

Brandeis: Bridget McAllister 12 kills; Shannon Trees 13 digs, Violette Ruggiero 41 set assists; Piera Carfagno 9 kills, 7 aces, 4 blocks.

JWU: Kelle Pfunder 8 kills, Alana Schloff 7 kills; Audra Vaccari 14 digs, 23 set assists; Kristen Gawrys 20 digs.

Eastern Conn. 3, Brandeis U. 1 (30-22, 30-24, 25-30, 30-24)

Stat leaders:

ECSU: Emma Sousa 20 kills, .390 attack pct., 4 blocks; Jessica Keogh 23 kills, 22 digs; Sandra Jaques 22 digs, 9 kills; Marianna Capomolla 28 digs, 49 reception attempts, with 4 errors (.918 pct.); Priscilla Dougherty 47 set assists, 12 digs.

Brandeis:

Piera Carfagno 12 kills, 4 blocks; Shannon Trees 16 digs; Violette Ruggiero 26 set assists.

(more)

Friday's Results

Southern Wesleyan U. 3, Eastern Conn. 1 (32-30, 30-24, 20-30, 35-33)

Stat leaders:

SWU: Jessica Angeli 23 digs, 3 service aces and 15 kills; Lauren Blackwell 18 digs and 47 set assists; Katelyn Barnes 26 kills; Carly Newton 15 kills; Danielle Elsberry 3 service aces.

ECSU: Marianna Capomolla 40 digs, 35 receptions, 4 errors (.886); Jessica Keogh 20 kills; Emma Sousa 18 kills, 3 blocks; Priscilla Dougherty 45 set assists, 14 digs; Angela Loomis 10 kills, 18 digs; Lesley Mumford 4 blocks;

Southern Wesleyan U. 3, Brandeis U. 2 (28-30, 34-32, 30-23, 25-30, 15-9)

Stat leaders:

SWU: Carly Newton 21 kills; Katelyn Barnes 20 kills, 23 digs; Janelle Hunton 27 digs; Lauren Blackwell 46 set assists; Megan Thomas 4 service aces

Brandeis: Piera Carfagno 18 kills, 9 service aces; Shannon Trees 21 digs; Violette Ruggiero 50 set assists

Johnson & Wales 3, Salve Regina U. 0 (30-17, 30-22, 38-36)

Stat leaders:

JWU: Ashley Constantino 16 digs, 11 kills; Ramona DiFilippo 11 digs; Audra Vaccari 12 digs, 32 set assists; Alana Schloff 11 kills, 4 blocks; Jessica Kenyon 6 kills, 3 service aces.

SRU: Amanda Harmon 17 digs; Brittney Canoff 16 digs, 6 kills; Shannon Rounseville 14 digs; Rachel Cirella 17 set assists; Natalie Rubenoff 6 kills

Brandeis U. 3, Salve Regina U. 0 (30-20, 30-14, 30-11)

Stat leaders:

Brandeis: Lorraine Wingenbach 11 kills; Violette Ruggiero 29 set assists, 7 digs

SRU: Natalie Rubenoff 6 kills; Rachel Cirella 14 set assists, 9 digs; Deanna Salter 4 kills, 8 digs; Catherine Lippincott 4 kills

Johnson & Wales U. 3, Eastern Conn. 2 (24-30, 30-25, 22-30, 30-25, 15-11)

Stat leaders:

JWU: Kristen Gawrys 24 digs, 10 kills; Ramona DiFilippo 22 digs; Ashley Constantino 20 digs, 10 kills; Kelle Pfunder 15 kills, 3 blocks; Alanna Schloff 10 kills, 5 blocks; Audra Vaccari 53 set assists

ECSU: Sandra Jaques 17 kills, 18 digs; Priscilla Dougherty 15 digs, 44 set assists, 3 service aces; Emma Sousa 14 kills, 6 blocks; Marianna Capomolla 22 digs, 43 receptions attempts with 0 errors, 3 service aces

Tuesday, October 3, 2006

STREAKING EASTERN VOLLEYBALL STAYS UNBEATEN IN LEC
Against Western Connecticut, Sousa leads Warriors to fifth victory in conference

DANBURY Conn. – Middle blocker **Emma Sousa (Jr./Coventry)** attacked at .417 on 12 kills and also collected seven blocks to boast the Eastern Connecticut State University women's volleyball team to a three-game Little East Conference sweep of Western Connecticut State University Tuesday night at Feldman Arena.

A winner of eight straight and 12 of its last 13, Eastern (15-5, 5-0 little east) dispatched the former five-time conference champions in 76 minutes by scores of 30-15, 30-18, 30-24. The Warriors, who shared last year's conference regular-season title and won the playoff title, trailed only once in the match when they gave up the first point of Game 3. They then scored the next five on the way to their first sweep of Western (5-8, 2-3 little east) since 1998.

A two-time Offensive Player-of-the-Week this year, Sousa led all Eastern players in attack percentage and shared the team lead in kills with outside hitter **Jessica Keogh (Sr./Monroe)**. Sousa was 6-for-7 in kills without an error in Game 2, when the Warriors pulled away from a two-point lead to score seven of the next nine points and move out to a 16-9 lead.

Keogh attacked a .370 in the match, added 12 digs and served 23 balls without an error, collecting two of the team's ten aces. Libero **Marianna Capomolla (Sr./Stamford)**, the conference's Defensive Player-of-the-Week the last two weeks, led the Warriors with 16 digs, had five aces and only one error on 15 serves, and received 14 serves with just one error. Keogh was perfect on nine receptions as the Warriors committed only three reception errors on the night.

Setter **Priscilla Dougherty (Jr./Island Park)**, last week's conference Offensive Player-of-the-Week, had 32 set assists and ten digs and served 15 balls with just one error. Outside hitter **Lauren Odell (Fr./Dover Plains, NY)** had ten digs.

Eastern won the first 25 matches in this series and captured the first four conference titles before Western countered with 11 straight victories over Eastern on the way to winning five straight conference crowns through 2004. The Warriors ended Western's recent domination with a five-game win last year at Geissler Gymnasium, claiming the decisive game by two points.

Eastern hosts the 26th Annual Crabtree Classic Friday and Saturday at Geissler Gym.

Eastern Conn. 3, Western Conn. 0

Eastern Conn. (15-5, 5-0 little east)	30	30	30
Western Conn. (5-8, 2-3 little east)	15	18	24

little east conference

Saturday, Sept. 30, 2006

EASTERN VOLLEYBALL FEASTS AT JOHNSON & WALES INVITATIONAL

Warriors win 12 of 14 games in sweeping four matches en route to tournament

PROVIDENCE -- Setter **Priscilla Dougherty (Jr./Island Park, NY)** averaged over ten assists per game on the way to tournament MVP honors as the streaking Eastern Connecticut State University women's volleyball program won its 33rd tournament championship in the last 25 years this past weekend at the Johnson & Wales University Invitational at the Harborside Recreational Center.

A winner of 11 of its last 12 matches over the last three weeks, Eastern (14-5) swept host Johnson & Wales University (11-9) and downed Connecticut College (10-5) in four games Friday night, then swept Newbury College (7-14) and vanquished Little East Conference foe Plymouth State University in four games Saturday to finish as the only unbeaten team in the five-team tournament.

Conn College lost only to Eastern in placing second with a 3-1 record, with Johnson & Wales third (2-2), Plymouth State fourth (1-3) and Newbury fifth (0-4).

Dougherty, the team's only healthy setter, collected 146 assists in 14 games for a 10.43 average, added 23 kills and a .276 attack percentage, served 68 balls with only three errors (.956) and accumulated 42 digs (3.0 per game) and contributed three blocks. She committed only four ball-handling errors despite hundreds of touches.

Dougherty was joined by teammate **Sandra Jaques (So./Milford)** on the six-player all-tournament team. Jaques, an outside hitter, handled 53 serve receptions without an error in the tournament. She also had 48 digs (4.0 per game), which was third on the team to libero **Marianna Capomolla (Sr./Stamford)** and outside hitter **Jessica Keogh (Sr./Monroe)**. Capomolla had 84 digs (6.0 per game), Keogh 58 (4.1 per game). Capomolla received a team-high 106 serves, making only seven errors for a .934 percentage.

Middle blocker **Emma Sousa (Jr./Coventry)**, named the conference's Offensive Player-of-the-Week the last two weeks, was the team's top offensive player. In the tournament, she had 60 kills (4.29 per game) and a .315 attack percentage, was perfect on 55 serve attempts, and added ten blocks. Keogh followed Sousa offensively with 53 kills (3.8 per game) and a .254 attack percentage. Right-side hitter **Lesley Mumford (Sr./Yartmouth, MA)** had 21 kills and seven blocks.

(more)

Outside hitter **Lauren Odell (Fr./Dover Plains, NY)** was the team's top freshman in the tournament. She was perfect defensively on 25 reception attempts and was third on the team with 43 digs (3.07 per game).

In the four-game win over Plymouth State Saturday afternoon that sealed the title, Jaques had 11 kills with a .320 attack percentage, 14 digs, served 16 balls with only one error and handled 17 receptions without an error; Keogh had 18 kills and a .450 attack percentage and 20 digs; Sousa 19 kills and five blocks, Dougherty 42 set assists and 16 digs, Capomolla 26 digs and 45 receptions with only one error; and Lauren Odell 13 digs.

Capomolla, last year's conference Defensive Player-of-the-Year, already has 307 digs this season. After only two-and-one-half years, she ranks sixth all-time at Eastern in that department.

Last year's conference co-champion with Plymouth State, Eastern brings a 4-0 conference record into Tuesday's 6 p.m. match at former five-time LEC regular-season and post-season champion Western Connecticut State University.

Friday's Results

Eastern Conn. 3, Johnson & Wales U. 0

Johnson & Wales (9-8)	27	25	20
Eastern Conn. (11-5)	30	30	30

Eastern Conn. 3, Connecticut College 1

Eastern Conn. (12-5)	30	28	30	30
Conn College (7-5)	28	30	27	16

Saturday's Results

Eastern Conn. 3, Newbury College 0

Eastern Conn. (13-5)	30	30	30
Newbury College (7-13)	19	13	12

Eastern Conn. 3, Plymouth State U. 1

Eastern Conn. (14-5)	30	23	30	30
Plymouth State (9-6)	19	30	27	24

Tournament standings

1. EASTERN CONN.	4-0
2. Conn College	3-1
3. Johnson & Wales U.	2-2
4. Plymouth State U.	1-3
5. Newbury College	0-4

All-Tournament Team

Priscilla Dougherty, Eastern Conn. -- MVP
Sandra Jaques, Eastern Conn.
 Kelly Pfunder, Johnson & Wales U.
 Taraja Laws, Newbury College
 Eliza Badeau, Plymouth State U.
 Jenna Tjossem, Conn College

little east conference

Tuesday, Sept. 26, 2006

EASTERN W-VOLLEYBALL SWEEPS ST. JOSEPH'S (L.I.), 3-0

After losing in five games to Golden Eagles in 2005, Warriors breeze

PATCHOGUE, NY – Defensive specialist **Marianna Capomolla (Sr./Stamford)** had a season-high seven service aces to go along with 16 digs and a .947 reception percentage to lead the Eastern Connecticut State University women's volleyball team to a 30-18, 30-19, 30-25 win over St. Joseph's College Tuesday night.

A winner of seven of its last eight matches, Eastern (10-4) avenged last year's five-game loss to St. Joseph's (6-5) and has won two of three against the Golden Eagles in this series.

The service aces for Capomolla were her highest total in a match this year and one shy of her career-high of eight, set twice a year ago. Capomolla was last week's Little East Conference Defensive Player-of-the-Week.

Middle hitter **Emma Sousa (Jr./Coventry)** had a team-high 15 kills, attacking at .400. It was her fifth match with a .400 attack percentage this year. Sousa, the conference's Offensive Player-of-the-Week the last two weeks, is attacking at .348 in her last six matches and averaging 4.3 kills per game. She also chipped in six digs and three blocks.

Right-side hitter **Lesley Mumford (Sr./Yarmouth, MA)** added eight kills and a .350 attack percentage, helping Eastern to a season-high team attack percentage of .256. Outside hitter **Sandra Jaques (So./Milford)** added six kills and eight digs, as the Warriors averaged 22 digs in each game. Coming off a career-high 45 set assists in her last match, setter **Priscilla Dougherty (Jr./Island Park, NY)** collected 43 assists.

Eastern competes in the Johnson & Wales University Invitational Friday and Saturday.

Eastern Conn. 3, St. Joseph's (L.I.) 0

Eastern Conn. (10-5)	30	30	30
St. Joseph's (6-5)	18	19	25

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little east conference

Saturday, September 23, 2006

EASTERN SWEEPS LITTLE EAST VOLLEYBALL MATCHES

Warriors sweep Keene State, down UMass Boston in four games

WILLIMANTIC, Conn. – Outside hitter **Jessica Keogh (Sr./Monroe)** had 17 kills and attacked at .361 to help the Eastern Connecticut State University to a three-game sweep of Keene State College (30-24, 30-18, 30-22) Saturday afternoon in Little East Conference action at Francis E. Geissler Gymnasium.

In a re-match of last year's conference championship match – won by Eastern in three straight – the Warriors scored four straight points to take the lead for good late in the first game, scored five of the final six points to take Game 2, and led from start to finish in Game 3. Keene had swept Eastern two weeks ago in a non-conference match at the Endicott Quad.

Eastern (9-5, 4-0 little east) remained unbeaten in the conference with 30-17, 25-30, 30-16, 30-18 wins over Massachusetts Boston (8-7, 0-2 little east) in the final match of the day.

Keene State (11-5, 3-1 little east) gained a split on the afternoon with a four-game win over UMass Boston (30-17, 30-24, 28-30, 30-15) in Saturday's second match.

Eastern, which opened conference play with wins over Rhode Island College and Plymouth State last weekend, has won five of its last six. Keene has won six of its last nine, while UMass Boston had a six-match winning streak snapped.

Middle blocker **Emma Sousa (Jr./Coventry)** complemented Keogh against Keene State with 14 kills and a .278 attack percentage, with setter **Priscilla Dougherty (Jr./Island Park, NY)** recording 35 set assists and serving 20 balls with just one error and adding 15 digs. Defensive specialist **Marianna Capomolla (Sr./Stamford)** – last year's conference Defensive Player-of-the-Year – led Eastern with 23 digs, Keogh and outside hitter **Angela Loomis (Jr./Meriden)** adding 14 each. Sousa also had three blocks.

(more)

For Keene against Eastern, sophomore Brittany O’Bryant (Merrimack, NH) had 12 kills, junior Kelly Yannkowski (Turners Falls, MA) and freshman Mia Silvestri (Herrick Center, PA) adding six each. Senior Genna Florkowski (East Northport, NY) – the program’s all-time dig leader – had 18 digs.

Against Keene State, UMass Boston bounced back from a 2-0 deficit to win Game 3 by two points before the Owls rolled to the win in Game 4. Leading by three, Keene scored 15 of the final 18 points in the decisive game. Freshman Abby Rosen (Andover, CT) and O’Bryant each had 13 kills and Yankowski 11 for Keene, O’Bryant also registering three blocks. For UMass Boston, freshman Megan MacAuley (Upland, CA) had 24 digs, junior Denise Hill (Sabana Seca, PR) seven blocks, freshman Kate White (Plymouth, MA) 15 kills and junior Randle Stock (Hopkinton, MA) 39 set assists.

Sousa dominated Eastern’s four-game win over UMass with 25 kills, a .452 attack percentage and three blocks. Dougherty had 45 set assists and served 26 balls with one error and outside hitter **Lauren Odell (Fr./Dover Plains, NY)** served 23 balls with one error. Outside hitter **Sandra Jaques (So./Milford)** dug 23 balls, Capomolla 14 and outside hitter **Lindsey Odell (Fr./Dover Plains, NY)** 11. Right-side hitter **Lesley Mumford (Sr./Yartmouth, MA)** had three blocks. For UMass, sophomore Tanya Beckford (Framingham, MA) had 17 digs, Hill five blocks, Stock 29 set assists and White 12 kills.

Eastern visits St. Joseph College-Patchogue Tuesday at 6 p.m.

Eastern Conn. 3, Keene State College 0

Eastern Conn.	30	30	30
Keene State	24	18	22

Keene State College 3, Massachusetts Boston 1

Keene State	30	30	28	30
UMass Boston	17	24	30	15

Eastern Conn. 3, Massachusetts Boston 1

Eastern Conn.	30	25	30	30
UMass Boston	17	30	16	18

Record:

Eastern Conn.	9-5, 4-0 little east
Keene State College	11-5, 3-1 little east
Massachusetts Boston	8-7, 0-2 little east

little east conference

Wednesday, Sept. 20, 2006

EASTERN W-VOLLEYBALL DROPS CLOSE DECISION TO TRINITY

Bantams win three games by total of 11 points to snap Eastern's win streak

HARTFORD, Conn. – The Trinity College women's volleyball team won three games by a total of 11 points in downing Eastern Connecticut State University for the third straight year Wednesday night, in four games at Ray Oosting Gymnasium.

Trinity (4-1) won the first ~~two~~ games, 30-26, ~~31-29~~ before Eastern (7-5) won Game ² 3, 31-29, to snap an eight-game losing streak at the hands of Trinity. The Bantams scored eight of the final ten points of Game 4 to wrap up the match with a 30-25 victory.

The Bantams have beaten Eastern the last three times the teams have met and in five of the last six meetings. The Warriors had a four-match winning streak snapped.

Led by libero **Marianna Capomolla (Sr./Stamford)** and outside hitters **Sandra Jaques (So./Milford)** and **Angela Loomis (Jr./Meriden)**, the Warriors averaged nearly 30 digs in each match and totaled 24 blocks and 11 service aces in the match, but were plagued by a poor attack percentage.

Capomolla had 30 digs and three service aces, Jaques 26 digs and six kills and Loomis 19. digs and ten kills. Middle blocker **Emma Sousa (Jr./Coventry)** and right-side hitter **Lesley Mumford (Sr./Yarmouth, MA)** each had six blocks, with Sousa adding 18 kills and nine digs and Mumford nine kills. Outside hitter **Jessica Keogh (Sr./Monroe)** had ten kills.

Setters **Jen Braswell (Jr./Wilton)** and **Priscilla Dougherty (Jr./Island Park, NY)** combined for 59 assists, with Braswell contributing five blocks and Dougherty five kills. Braswell left the match late in Game 3 after injuring her right knee while attempting a block at the net. She did not return.

A winner of its first two Little East Conference matches, Eastern returns to conference play Saturday, hosting Keene State College at noon and Massachusetts Boston at 4 p.m. The Warriors swept Keene State in the final of last year's conference playoffs at Geissler Gym.

Trinity College 3, Eastern Conn. 1

Eastern Conn. (7-5)	26	29 ³¹	31 ²⁹	25
Trinity (4-1)	30	31 ²⁸	29 ³¹	30

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Saturday, Sept. 16, 2006

EASTERN VOLLEYBALL OPENS TITLE DEFENSE WITH FIVE-GAME WINS

Warriors outlast R.I. College, withstand Plymouth State in Little East openers

PROVIDENCE, RI – The Eastern Connecticut State University women's volleyball team opened defense of its 2005 Little East Conference championships with five-game wins over Rhode Island College and Plymouth State University Saturday afternoon at the Murray Center on the RIC campus.

Eastern (7-4, 2-0 little east) rallied from a game down to defeat Rhode Island (5-5, 0-1 little east), winning the decisive game, 17-15. Against Plymouth (5-1, 0-1 little east), which entered unbeaten, the Warriors won the first two games easily before the Panthers rallied to win the next two by a total of nine points. Eastern prevailed in the final game, 15-10.

Against Rhode Island, middle blocker **Emma Sousa (Jr./Coventry)** had 20 kills. Setter **Jen Braswell (Jr./Wilton)** added ten set assists, six kills and two service errors; setter **Priscilla Dougherty (Jr./Island Park, NY)** 18 set assists; all-conference defensive player **Marianna Capomolla (Sr./Stamford)** 20 digs and two service aces, and outside hitter **Sandra Jaques(So./Milford)** 13 digs.

Against Plymouth State, Sousa had 15 kills and eight blocks, Capomolla 23 digs, Jaques 13 digs, Braswell nine kills, 15 set assists and four service aces, and Dougherty 17 set assists.

On the afternoon, Sousa attacked at .378, collecting 35 kills on 74 attempts with only seven errors.

The Warriors shared last year's conference regular season title with Plymouth, then as the No. 1 seed, won the playoff championship with a three-game sweep of Keene State College.

Eastern visits Trinity College Wednesday at 7 p.m. in a non-conference match.

Eastern Conn. 3, Rhode Island College 2

Eastern Conn. (6-4/1-0 little east)	30	22	27	30	17
R.I. College (5-5/0-1 little east)	24	30	30	14	15

Eastern Conn. 3, Plymouth State U. 2

Eastern Conn. (7-4/2-0 little east)	30	30	28	23	15
Plymouth State (5-1, 0-1 little east)	18	19	30	30	10

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Thursday, Sept. 14, 2006

SOUSA CARRIES EASTERN W-VOLLEYBALL PAST ENC

Junior middle blocker attacks at .471 with seven blocks in 3-1 victory

QUINCY, Mass. – Middle blocker **Emma Sousa (Jr./Coventry)** attacked at .471 on the strength of 18 kills and only two errors to help carry the Eastern Connecticut State University women's volleyball team to a four-game win over Eastern Nazarene College Thursday evening.

A winner of four of its last five, Eastern (5-4) defeated Eastern Nazarene (1-6) for the seventh straight time and 14th time in the last 15 meetings in this 25-match series. The Warriors won the match by scores of 30-21, 26-30, 30-28, 30-17.

The team leader in kills, attack percentage and blocks, Sousa improved those totals by collecting 18 kills in 34 attempts with just two errors for a .471 mark and added seven blocks.

Defensive specialist **Marianna Capomolla (Sr./Stamford)** dug up 22 balls and also had a .916 reception percentage on 36 attempts; outside hitter **Jessica Keogh (Sr./Monroe)** led all Eastern players with 24 digs and added six kills and three service errors and had a .944 reception percentage on 18 attempts; **Jen Braswell (Jr./Wilton)** had 24 digs and 15 set assists, **Priscilla Dougherty (Jr./Island Park, NY)** recording 22 set assists.

Eastern opens defense of its Little East Conference regular-season crown Saturday at Providence, RI with matches against host Rhode Island College at noon and Plymouth State University at 2 p.m.

Eastern Conn. 3, Eastern Nazarene College 1

Eastern Conn. (5-4)	30	26	30	30
Eastern Nazarene (1-6)	21	30	28	17

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Saturday, Sept. 9, 2006

EASTERN W-VOLLEYBALL WINS TWO OF THREE AT ENDICOTT QUAD

Now 4-4, Warriors sweep Endicott and Salve Regina and are swept by Keene

BEVERLY, Mass. – All-Tournament selection **Emma Sousa (Jr./Coventry)** had 21 kills, nine service aces, 23 digs and eight blocks in leading the Eastern Connecticut State University women's volleyball team to two wins in three matches at the Endicott College Quad Saturday.

In sweeps, Eastern downed Salve Regina University (18-22-19) and Endicott College (23-38-21) and lost to Keene State College (16-26-19). Eastern (4-4), Endicott (2-6) and Keene (7-2) all finished the tournament with 2-1 records, while Salve was 0-3.

Joining Sousa on the all-tournament team from Eastern was setter **Priscilla Dougherty (Island Park, NY)**, who contributed 40 assists and 23 digs.

In helping the Warriors defeat Endicott for the fifth time in this six-match series and hand the Gulls their only tournament loss, Sousa led the way with six kills, five service aces, five blocks and four digs. **Courtney Sims (Fr./Manchester)** had eight kills, **Angela Loomis (Jr./Meriden)** picking up five kills and 12 digs and setter **Jen Braswell (Jr./Wilton)** 16 assists and 14 digs. Defensive specialist **Marianna Capomolla (Sr./Stamford)** had 12 digs.

In a re-match of last year's Little East Conference title game – won by Eastern in three games – Keene State sandwiched two relatively easy wins around a four-point triumph in Game 2. Capomolla had 12 digs in the match, **Jessica Keogh (Sr./Monroe)** ten, Dougherty nine digs and 16 assists and Sousa seven kills and six digs.

In the rout of Salve, Sousa had eight kills, 13 digs, three service aces and three blocks and Dougherty 15 set assists and seven digs.

Eastern visits Eastern Nazarene College Thursday at 7 p.m.

The Gulls swept Salve Regina, survived a marathon match against Keene State and was just edged out by Eastern Connecticut when they played host to the Endicott College Invitational on Saturday.

EC picked up their first win of the season with a three game sweep of CCC rivals Salve Regina. The Gulls won 30-19, 30-17 and 30-13 thanks to the strong play of **Kim Marschner (Londonderry, NH/Londonderry)** and **Megan Hall (Santa Cruz, CA/Aptos)**. Marschner had eight kills while Hall made 27 assists and five service aces. **Brittany Nolan (Monroe, CT/Masuk)** added three service aces and seven digs to help the Gulls earn the win.

In their second match of the day EC found themselves up 2-0 after taking the first two games 30-20 and 30-24 but Keene State would battle back, winning the third and fourth games 30-17 and 30-28 to force a fifth game. In the end it Endicott would prevail as they won the fifth and final game 15-11 to give them the victory in the match.

The Gulls were led by **Hayley Janelle (Madbury, NH/Oyster River)** and **Lauren Lundstrom (Edina, MN)** as they collected 13 and 10 kills respectively. Janelle also added a pair of blocks. EC once again got a great performance from Hall, who tallied 45 assists, five service aces and 11 digs over the five games.

The Owls had their share of top notch performances as **Brittany O'Bryant (Merrimack, NH/Merrimack)** had 17 kills, 13 digs and three blocks. **Kelly Yankowski (Turners Falls, MA/Turners Falls)** added 13 kills and 22 assists while **Genna Florkowski (East Northport, NY/Northport)** had 27 digs.

Despite losing to Endicott, KSC picked up a three game sweep of Eastern Connecticut and Salve Regina.

The Gulls only loss of the day came at the hands of Eastern Connecticut. The Warriors beat Endicott 30-23, 30-28 and 30-21 in three tightly contested games. ECSU was lifted to the win by the play of **Courtney Sims (Manchester, CT)**, who had eight kills, **Emma Sousa (Coventry, CT)** who added five service aces and Jenn Braswell who had 16 assists. The Warriors also got help from **Sandra Jaques (Milford, CT)** 13 digs.

Endicott kept things close against ECSU but just seemed to run out of gas in their final match of the day. Once again Hall was an impact player for EC as she was all over the court picking up 24 assists, four kills, one service ace and seven digs. Freshmen **Steph Wiese (Higganum, CT)** also had a strong showing as she added 10 kills, seven digs and one assist.

Eastern Connecticut also picked up a three game sweep over Salve Regina. With their two wins the Gulls improved to 2-6 on the year, while KSC moves to 7-2, ECSU improves to 4-4 and Salve Regina falls to 0-3.

Following final matches of the day the respective coaches nominated All Tournament players. Salve Regina had one tournament All-Star in **Brittany Canaff (Paramus, NJ)** who had 15 kills in three matches. Sousa and **Pricilla Dougherty (Island Park, NY)** were named All Tournament for ECSU, while O'Bryant and Yankowski earned those honors for Keene State. Megan Hall was the Gulls All Tournament player.

The Gulls will play hosts to Tufts University on Tuesday night before opening their CCC schedule with a trip to Wentworth Thursday night.

little east conference

Wednesday, Sept. 6, 2006

EASTERN VOLLEYBALL ROLLS PAST ROGER WILLIAMS U.

In their 2006 home debut, Warriors have enough to sweep Hawks, 30-28, 30-26, 30-22

WILLIMANTIC, Conn. – Outside hitter **Jessica Keogh (Sr./Monroe)** had ten kills, 18 digs, five service aces and four blocks in helping the Eastern Connecticut State University women's volleyball team sweep Roger Williams University, 30-28, 30-26, 30-22 in its 2006 home-opener at Francis E. Geissler Gymnasium Wednesday night.

In a battle of 2005 post-season tournament qualifiers, Eastern (2-3) attached at only .083 but averaged over 24 digs in each of the three matches and committed only six reception errors. Roger Williams (3-2) committed 13 service errors.

With the their 16th win over Roger Williams in this 18-match series, the Warriors avenge a home-opening loss to Roger Williams in 2004. Both teams qualified for post-season play last year, Eastern in the NCAA and Roger Williams in the ECAC.

Keogh, who represented Eastern on the all-tournament team at last weekend's SUNY Cortland Red Dragon Classic, also handled 15 reception errors with just one error (.933 per cent). Coming off outstanding performances at Cortland, middle blocker **Emma Sousa (Jr/Coventry)** and setter **Priscilla Dougherty (Jr./Island Park, NY)** also contributed strong play. Sousa had eight kills and two blocks, and Dougherty 12 set assists and ten digs and handled 15 receptions with just one error (.933).

Defensive specialist **Marianna Capomolla (Sr./Stamford)** led all Eastern players with 19 digs and had a .952 percentage on a team-high 21 reception attempts. In her first match of the year, setter **Jen Braswell (Jr./Wilton)** added ten assists and outside hitter **Sandra Jaques (So./Milford)** chipped in ten digs.

Sophomore setter Kirsten Bosworth and junior outside hitter Amy Maurer, both named to the all-tournament team last weekend at Springfield College, led the Hawks. Bosworth had 12 set assists and Maurer eight kills. Sophomore middle blocker Ashley Rowland matched Maurer with eight kills and attacked at a team-high .222. Freshman libero Vanessa Ramos collected a team-high ten digs, senior outside hitter Caroline Smith adding nine.

Eastern faces Salve Regina University Saturday at 11 a.m. in the first of three matches at the Endicott College Quad.

Eastern Conn. 3, Roger Williams U. 0

Roger Williams (3-2)	28	26	22
Eastern Conn. (2-3)	30	30	30

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Saturday, September 2, 2006

EASTERN W-VOLLEYBALL WINS ONE OF FOUR AT CORTLAND
Veterans lead young team at season-opening Red Dragon Classic

CORTLAND, NY – Eastern Connecticut State University volleyball veterans **Emma Sousa (Jr./Coventry)**, **Priscilla Dougherty (Jr./Island Park, NY)** and **Jessica Keogh (Sr./Monroe)** led a young team in four matches this weekend at the 22nd Annual Red Dragon Classic, hosted by SUNY Cortland at Carey Gymnasium.

The Warriors finished third in their four-team pool by winning their final match in pool play Saturday morning with a 3-0 sweep of Buffalo State, then were eliminated in the Silver Bracket with a four-game loss to SUNY Fredonia. Friday night, Eastern was beaten in five games by Baptist Bible College and in three games by SUNY New Paltz. Baptist Bible finished second in the National Christian College Division II national tournament last year and New Paltz was second in the ECAC Upstate New York Tournament.

Eastern is coming off last year's Little East Conference playoff championship and NCAA tournament appearance, but features seven newcomers on a 15-player roster. Every available roster player saw time in the tournament.

A middle blocker, Sousa led Eastern in kills (57), attack percentage (.285) and blocks (10) in 15 games in the tournament. Dougherty, the setter, did not come off the floor in the tournament. She collected a team-high 118 set assists and added 40 digs, 17 kills and nine service aces. She shared the team lead in service aces and digs. Keogh, an outside hitter, represented Eastern on the all-tournament team. She had 40 digs, 20 kills and nine service aces.

Keogh led the Warriors to a Game 3 win over Fredonia by serving 19 consecutive points, four coming on aces.

Marianna Capomolla (Sr./Stamford), last year's conference Defensive Player-of-the-Year, handled 50 service receptions with just four errors (.920 pct.) and also contributed 26 digs and seven service aces. **Sandra Jaques (So./Milford)** led all players by receiving 82 serves and compiling a .915 success percentage.

(more)

Four of the five games against Baptist Bible Friday were decided by four points or less. The Warriors forced a decisive game with a 32-30 win in Game 4 and scored the first four points of the final game and led 6-2 before the Defenders rallied for a 15-12 win.

Cortland, which swept Eastern in the opening round of last year's NCAA tournament, won its own tournament title for the 15th time, downing New Paltz and Stevens Tech in the Championship Bracket.

Eastern hosts Roger Williams University in its home debut Wednesday at 7 p.m.

SUNY Cortland Red Dragon Classic

Friday's Results

Baptist Bible College 3 (30-23-31-30-15), Eastern Conn. 2 (26-30-29-32-12).
SUNY New Paltz 3 (30-30-30), Eastern Conn. 0 (24-17-19)

Saturday's Results

Eastern Conn. 3 (30-30-30), Buffalo State College 0 (20-19-25)
Fredonia State 3 (30-30-10-30), Eastern Conn. 1 (25-21-30-24)