
little east conference

Thursday, Nov. 9, 2006

ENDICOTT OUSTS EASTERN W-VOLLEYBALL FROM NCAA REGIONAL

Gulls score four of final five points in decisive fifth game to eliminate Warriors

CAMBRIDGE, Mass. -- The Eastern Connecticut State University women's volleyball team twice rallied from one-game deficits to force a final game, but Endicott College scored four of the final five points of the decisive game to eliminate the Warriors in the opening game of the 2006 NCAA Division III New England Regional Tournament at duPont Arena on the MIT campus.

Endicott (26-12), a winner of 24 of its last 28, advanced to Friday's regional semifinals with 30-17, 26-30, 30-26, 26-30, 15-11 wins over Eastern (30-10). The Warriors had won 15 of their previous 17 entering their New England Division III-record 15th NCAA tournament and had swept Endicott exactly two months ago at the Endicott College Quad.

Needing two wins to avoid the upset loss, Eastern raced to a 15-4 win on the way to the four-point win in Game 4. With Eastern leading, 8-7, in the decisive game, Endicott scored four straight to take command, 11-8. The Warriors cut the gap to 11-10 on successive kills by outside hitter **Angela Loomis (Jr./Meriden)** and middle blocker **Emma Sousa (Jr./Coventry)**, but an Eastern attack error and two straight Endicott kills moved the Gulls to within match point. A kill by Sousa kept the Warriors alive before Endicott closed out the win with another kill.

Sousa led all players with 25 kills and a .447 attack percentage, but her teammates attacked at only .085. Sousa put down her first five attack attempts and eight of her first ten tries and later helped the Warriors to their Game 4 win by collecting eight kills on 13 attempts. Sousa also contributed eight blocks and made only one error on 18 serves.

Setter **Priscilla Dougherty (Jr./Island Park, NY)** set up 49 kills with assists, finishing one shy of the program record for assists in a match. She also had 15 digs.

Defensive specialist **Marianna Capomolla (Sr./Stamford)** led Eastern with 28 digs and three service aces and successfully received 48 of 51 receptions, while outside hitter **Jessica Keogh (Sr./Monroe)** added 15 kills and right-side hitter **Lesley Mumford (Sr./Yarmouth, MA)** nine kills and three blocks. Outside hitter **Sandra Jaques (So./Milford)** followed Capomolla with 18 digs.

(more)

Six-foot-one inch senior Sara Moore led Endicott with 21 kills, freshman Steph Wiese following with 19 kills and 12 digs. Sophomore Brittany Nolan led the Gulls with 29 digs, junior Meghan Hall digging up 23 balls and setting for 49 assists.

Sousa, named to the All-New England and All-New England Region teams this week and also as the Little East Conference Offensive Player-of-the-Year, completed her season with 598 kills, a .328 attack percentage and 147 blocks. Her total of 117 block assists established a season record. Dougherty totaled a season-record 1,309 set assists and Capomolla finished her three-year Eastern career with a career-record 1,929 digs, 766 coming this season. Capomolla also had a .958 reception percentage on 1,063 attempts this season.

**NCAA Division III New England Regional
Women's Volleyball Tournament
at Cambridge, Mass.
(MIT host)**

**First Round
Endicott College 3, Eastern Conn. 2**

Endicott College (26-12)	30	20	30	26	15
Eastern Conn. (30-10)	17	30	26	30	11

little east conference

Saturday, November 4, 2006

EASTERN W-VOLLEYBALL DEFENDS LEC PLAYOFF TITLE

Top-seeded Warriors sweep No. 2 Rhode Island College; gain NCAA berth

WILLMANTIC, Conn. – The Eastern Connecticut State University women's volleyball team set an early tone by scoring the first seven points of the first game and went on to a 30-24, 30-19, 30-19 victory over Rhode Island College Saturday afternoon to successfully defend its Little East Conference tournament championship at Francis E. Geissler Gymnasium.

A winner of 15 of its last 17, top-seeded Eastern (30-9) qualifies automatically for the NCAA Division III tournament, which gets underway with regional play Thursday. The tournament title is Eastern's second in as many years and sixth in the 12-year history of the championship. Beginning in 1995, Eastern won the first four titles, then re-gained the championship last year. The Warriors have been in the final every year but one.

The appearance in the final was the first for Rhode Island (20-13), which advanced with a four-game win over third-seeded Plymouth State Friday night. Eastern swept No. 4 seed Keene State College in Friday's semifinal and has now won 12 straight games in tournament competition since being eliminated by Plymouth State in the 2004 final.

Since losing a first-round tournament match to the Anchorwomen in 2003, Eastern has beaten Rhode Island the last seven times the teams have met. Eastern won this year's regular-season match in five games, taking a two-point victory in the deciding game Sept. 16 at Providence.

For the second straight year, Eastern defensive specialist **Marianna Capomolla (Sr./Stamford, CT)** was voted the tournament's Most Valuable Player. Last year's conference Defensive Player-of-the-Year, Capomolla made only one reception error on 58 opportunities in the tournament. She also had 42 digs -- 29 coming in the semifinal victory -- and seven service aces that give her 98 on the year.

Other top players for Eastern included middle blocker **Emma Sousa (Jr./Coventry, CT)**, outside hitter **Jessica Keogh (Sr./Monroe, CT)**, and setter **Priscilla Dougherty (Jr./Island Park, NY)**. Sousa totaled 26 kills in the tournament, Keogh 22 (11 in both

(more)

E-MAIL: molta@easternct.edu

WEB SITE: <http://www.easternct.edu/depts/athletics>

MAILING ADDRESS: Sports Center, Eastern Connecticut State University, 83 Windham St.
Willimantic, CT 06226

tournament matches). Sousa, the conference leader in points during the regular season, attacked at .378 in the tournament, Keogh .246. Dougherty, who set a program season record for assists Friday night, collected 67 assists in the tournament, averaging over 11 per game. In the tournament, Keogh also added 32 digs and Dougherty 29.

Outside hitter **Madison Greene (Jr./Cranston, RI)** compiled a team-high 11 kills for the Anchorwomen in the final, with 6-foot-3 inch middle blocker **Erin Miga (Sr./Cranston, RI)** adding seven. Miga, one of the conference's top all-around players, attacked at only .071, however, in the final. As a team, Rhode Island had 28 kills and 29 errors for a .009 attack percentage.

Defensive specialist **Stephanie Wojciechowski (Sr./North Kingstown, RI)** led Rhode Island with 14 digs and made only three errors on 34 receptions. Wojciechowski received 25 serves before making her first error. Outside hitter **Sharon Coriveau (Fr./Coventry, RI)** added nine digs and defensive specialist **Kara Sarcione (Sr./Londonderry, NH)** adding seven. Setter **Jeanne Rosa (Jr./Milford, CT)** had 15 assists and four service aces.

Behind Capomolla, Eastern committed only eight reception errors in the tournament and totaled 17 service aces. Sousa had four of her five aces in the final. Right-side hitter **Lesley Mumford (Sr./Yarmouth, MA)** entered the tournament attacking under .200, but attacked at .480 with 14 kills and only two errors in the tournament.

The NCAA tournament appearance will be Eastern's 15th – the most by an Division III team in New England – and the 30-win season is its 12th, first since 1998.

**little east conference
Women's Volleyball Tournament
at Francis E. Geissler Gymnasium, Willimantic, Conn.
(Eastern Conn. State U. host)**

Fri., Nov. 3 -- Semifinals

#2 Rhode Island College 3, #3 Plymouth State U. 1 (30-23, 25-30, 30-28, 30-21)
#1 Eastern Conn. 3, . #4 Keene State College 0 (30-23, 30-18, 31-29)

Sat., Nov. 4 – Final

#1 Eastern Conn. 3, #2 Rhode Island College 0 (30-24, 30-19, 30-19)

Records: E-30-9, R-20-13.

little east conference

Friday, Nov. 3, 2006

EASTERN-RHODE ISLAND TO MEET IN LEC W-VOLLEYBALL FINAL
Warriors advance to final for 11th time in 12 years with sweep of Keene State

WILLIMANTIC, Conn. – **Emma Sousa (Coventry, CT)** and **Jessica Keogh (Monroe, CT)** combined for 25 kills and a .306 attack percentage to lift the Eastern Connecticut State University women's volleyball team to a 30-23, 30-18, 31-29 win over Keene State College in the semifinals of the Little East Conference tournament at Francis E. Geissler Gymnasium Friday night.

A winner of 14 of its last 16, top-seeded Eastern (29-9) faces second-seeded Rhode Island College (20-12) in Saturday's noon final. The winner earns an automatic bid to the NCAA Division III tournament. Rhode Island qualified for the LEC final for the first time with a 30-23, 25-30, 30-28, 30-21 win over No. 3 seeded Plymouth State University earlier Friday.

Eastern edged the Anchorwomen in five games Sept. 16 in Providence, emerging with a 17-15 win in the deciding game.

Keene State (19-13), which was swept by Eastern in last year's final, was seeded fourth in the tournament and had reached the semifinals by sweeping Western Connecticut State University in a first-round game Tuesday. The Warriors have won five tournament titles and finished second five times in the 11-year history of the event.

Sousa, the conference point leader, had 14 kills and attacked at .345 while Keogh had 11 kills and attacked at .273. **Lesley Mumford (Yarmouth, MA)** added nine kills with a .571 attack percentage.

Keogh had nine of her kills in the first-game win, closing the match with five straight. While Sousa managed only one kill in the first game, Mumford supported Keogh with five kills and just one error on six attempts. Sousa had eight kills in game two. Eastern rallied from five points down late in the third game. Trailing 29-26, the Warriors scored the final five points of the match. **Angela Loomis (Meriden, CT)** gave Eastern a 30-29 lead with a kill and Mumford closed out the win with another kill.

(more)

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Willimantic, CT 06226

Brittany O'Bryant (Merrimack, NH) and **Kelly Yankowski (Turners Falls, MA)**, Keene's top offensive players, each had eight kills but attacked at only .145. O'Bryant had four blocks. **Sarah Peterson (Danville, NH)**, who came off the bench in Game 3 to give the Owls the late lead, had 12 digs, as did Yankowski. **Genna Florkowski (East Northport, NY)** had nine digs, **Jordan Pokryfki (Wasilla, AK)** eight digs, 24 assists, and four blocks.

Second in the conference in service aces, Eastern's **Marianna Capomolla (Stamford, CT)** had five of the team's eight. Capomolla, the program's all-time dig leader, led all players with 29 and mishandled only one of 32 reception attempts. Setter **Priscilla Dougherty (Island Park, NY)** established a program season record for assists. She had 38 in the match to give her 1,231 on the season, breaking Michelle Cunningham's 1998 record of 1,220. Dougherty also became the fifth player in program history with 2,000 assists. She now has 2,031.

The Owls, who have lost three of their last four, committed ten reception errors and 11 service errors in three games.

The team's had split a pair of sweeps this year. Keene had Sept. 9 in a non-conference match at Endicott College while Eastern swept the Owls Sept. 23 at Geissler Gym.

Friday, Nov. 3, 2006

RHODE ISLAND ADVANCES TO LEC VOLLEYBALL FINAL
Anchorwomen qualify for final for first time with 3-1 win over PSU

WILLIMANTIC, Conn. – Six-foot-3 inch **Erin Miga (Cranston, RI)** had 14 kills and attacked at .333 and **Sharon Coriveau (Coventry, RI)** and **Jeanne Rosa (Milford, CT)** combined for 42 digs to carry the No. 2 seeded Rhode Island College women's volleyball team into the final of the 2006 Little East Conference tournament with a 30-23, 25-30, 30-28, 30-21 win over No 3 seeded Plymouth State University Friday night in the semifinals at Francis E. Geissler Gymnasium.

Rhode Island (20-12) advances to the final for the first time and will meet No. 1 seeded Eastern Connecticut State University, which swept Keene State in Friday's second semifinal.

After the team's split the first two games, Rhode Island emerged with a two-point win in Game 3 to take a 2-1 advantage. There were seven ties in Game 3 before the Anchorwomen scored four straight points to break from a 15-15 deadlock. The lead crested at six points twice thereafter. Rhode Island led by a score of 29-23 before the Panthers pulled to within 29-28.

Coriveau led RIC with 22 digs, Rosa adding 20 digs and 19 assists and **Kara Sarcione (Londonderry, NY)** contributing 18 digs. **Sherri Heard (Coventry, RI)** followed Miga with 11 kills, Coriveau adding nine and serving 19 balls with just one error. Amy Souza (**Tiverton, RI**) followed Rosa with 19 assists.

Eliza Badeau (Foster, RI) led Plymouth with 19 kills but committed 12 attack errors. **Kirsten Willoughby (Plymouth, NH)** added 12 kills for RIC, **Wendy Dziedzic (Nashua, NH)** nine kills and served 18 balls without an error. **Sarah Spears (Meredith, NH)** had 23 digs, **Brianna Kleckner (Terryville, CT)** 26 digs and 43 assists.

Rhode Island had edged Plymouth in five games during the regular season.

Friday, Nov. 3, 2006

**little east conference
Women's Volleyball Tournament
Friday, Nov. 3 – Saturday, Nov. 4
at Francis E. Geissler Gymnasium, Willimantic, Conn.
(*Eastern Conn. State U. host*)**

Fri., Nov. 3 -- Semifinals

#2 Rhode Island College 3, #3 Plymouth State U. 1 (30-23, 25-30, 30-28,
30-21)

#1 Eastern Conn. 3, . #4 Keene State College 0 (30-23, 30-18, 31-29)

Sat., Nov. 4 – Final

#1 Eastern Conn. (29-9) vs. #2 Rhode Island College (20-12), noon

little east conference

Saturday, Oct. 28, 2006

EASTERN W-VOLLEYBALL CLOSES OUT PERFECT LEC SEASON

After sharing last two titles, Warriors clinch first outright title since 1998

NO. DARTMOUTH, Mass. -- The Eastern Connecticut State University women's volleyball team clinched its first outright Little East Conference regular-season title since 1998 Saturday -- and with it the No. 1 seed in next week's conference playoffs -- by sweeping Massachusetts Dartmouth and the University of Southern Maine at the Tripp Athletic Center on the UMD campus.

For the second straight year, the Warriors (28-9, 7-0 little east) will host the four-team conference playoff semifinals and finals Friday and Saturday at Francis E. Geissler Gymnasium. After sharing last year's regular-season title for the second straight year, Eastern went on to capture its first post-season championships since 1998 with a three-game sweep of Keene State College in the final.

Saturday, Eastern swept UMass Dartmouth (11-14, 1-5 little east), 31-29, 30-17, 30-27 in its first match of the day, then completed its undefeated regular season with a 30-10, 30-16, 30-20 victory over the University of Southern Maine (6-23/0-6 little east). The win for Eastern over UMass Dartmouth is its 29th straight over the Corsairs.

By collecting 24 digs against UMass Dartmouth, defensive specialist **Marianna Capomolla (Sr./Stamford)** tied the the program career record of 1,845 digs. Her first dig against Southern Maine established a new program record. She finished with 14 digs against USM to give her 1,859 career digs, an average of 4.9 in her 380-game career. The old record for digs was established by Jessica Leifert between 2001 and 2004.

Eastern, a winner of 25 of its final 30 regular-season matches, is 18-3 in conference regular-season play over the last three seasons under fourth-year head coach **Jolie Ward**, who has led the team to three straight 20-win seasons. This year's 28 wins match last year's final win total and are the most in a season since 1998.

-30-

E-MAIL: molta@easternct.edu

WEB SITE: <http://www.easternct.edu/depts/athletics>

MAILING ADDRESS: Sports Center, Eastern Connecticut State University, 83 Windham St.
Willimantic, CT 06226

little east conference

Wednesday, October 25, 2006

NEW PALTZ WINS MATCHUP OF REGIONALLY-RANKED TEAMS

Ranked No. 6 in New York, Hawks down Warriors for second time this year

NEW PALTZ, N.Y. -- The SUNY New Paltz women's volleyball team swept Eastern Connecticut State University for the second time this season, 30-22, 30-26, 20-27 Wednesday night.

Ranked No. 6 in New York, New Paltz (24-8) ended Eastern's (26-9) seven-match winning streak. The Warriors are ranked seventh in this week's NCAA Division III New England Region poll.

It marked the second meeting of the year between the teams, the Hawks having come away with 30-24, 30-17, 30-19 wins on the opening weekend of the season at the SUNY Cortland Red Dragon Invitational.

Right-side hitter **Lesley Mumford (Sr./Yarmouth, MA)** led Eastern with 11 kills and a .476 attack percentage, with middle blocker **Emma Sousa (Jr./Coventry)** and outside hitter **Angela Loomis (Jr./Meriden)** adding nine kills each. Sousa brought a .340 attack percentage into the match but managed a mark of only .034 against the Hawks, committing eight errors on 29 attempts.

Defensive specialist **Marianna Capomolla (Sr./Stamford)** had just one error on 35 reception attempts and also dug up 23 balls. She moved to within 24 of equaling the career dig record of 1,845, set by Jessica Leifert between 2001 and 2004. **Priscilla Dougherty (Jr./Island Park, NY)** set for 31 assists. Sousa contributed six blocks and Mumford five.

A winner of 23 of its last 28, Eastern closes out the regular season Saturday when it faces UMass Dartmouth (noon) and University of Southern Maine (2 p.m.) at UMass Dartmouth in Little East Conference action. Eastern looks to wrap up its first outright regular-season title since 1998. The Warriors have shared the regular-season crown the last two years.

SUNY New Paltz 3, Eastern Conn. 0

Eastern Conn. (26-9)	22	26	27
New Paltz (24-8)	30	30	30

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MAILING ADDRESS: Sports Center, Eastern Connecticut State University, 83 Windham St.
Willimantic, CT 06226

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Sports News

Sports Information Office
Director, Bob Molta
Tel.: (860) 465-5172
Fax: (860) 465-4696
Hotline: (860) 465-5756

little east conference

Wednesday, October 25, 2006

Women's Volleyball at New Paltz, NY

SUNY New Paltz 3, Eastern Conn. 0

Eastern Conn. (26-9)	22	26	27
New Paltz (24-8)	30	30	30

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MAILING ADDRESS: Sports Center, Eastern Connecticut State University, 83 Windham St.
Willimantic, CT 06226

Monday, October 23, 2006

TRIO POWERS EASTERN W-VOLLEYBALL PAST WNEC, 3-1
Behind Sousa, Keogh and Dougherty, Warriors blitz Golden Bears

SPRINGFIELD, Mass. – **Emma Sousa (Sr./Coventry)** had one of the most overpowering performances in recent Eastern Connecticut State University women's volleyball history and got plenty of help from **Jessica Keogh (Sr./Monroe)** and **Priscilla Dougherty (Jr./Island Park, NY)** as the Warriors vanquished Western New England College, 3-1, Monday night at the Alumni Healthful Living Center on the WNEC campus.

After honoring its four outgoing seniors in a pre-game ceremony, Western New England (15-10) overcame an early deficit to take Game 1 in overtime, 31-29, before Eastern (26-8) re-grouped to blitz the Golden Bears, 30-21, 30-12, 30-17 in posting its seventh straight win. Ranked seventh in New England, the Warriors are 23-4 since Sept. 9.

Sousa, the top player in the Little East Conference, dominated the game by collecting 21 kills with a .500 attack percentage, recording a career-high 11 blocks, and serving 14 balls without an error. She had ten kills on her final 11 attack attempts.

Keogh and Dougherty complemented the 5-foot-11 inch middle blocker, as did defensive specialist **Marianna Capomolla (Sr./Stamford)**. Keogh got the Warriors out to a 15-1 lead in Game 3 by serving the first ten points and finishing the night with a career-high eight service aces and also contributing 14 digs and 13 kills and handling nine receptions without an error. Dougherty had her 12th match of at least 40 assists, finishing with 44. Capomolla successfully handled 43 of 44 service receptions. She did not make an error until her 27th try. Capomolla also led Eastern with 18 digs, moving her to within 47 of equaling the career record.

The Warriors had won ten consecutive games until the first-game loss to the Golden Bears, but rebounded to win their 16th match in this 18 match series. Keogh and Capomolla each had two service aces to stake Eastern to a quick 6-1 lead in Game 1, but Western New England battled back, finally taking its first lead at 12-11. The Warriors survived game point to tie the game at 29-all on a kill by **Lesley Mumford (Sr./Yarmouth, MA)**, but the hosts used a kill and a ball-handling error to secure the win.

Angela Loomis (Jr./Meriden) served two aces early in Game 2 as Eastern rolled up a 9-4 lead before Western New England called time out Keogh's serving put the third game in the win column quickly. Eastern gave up the first two points of Game 4, but quickly tied the game, and used a 10-4 run to build a 19-11 lead that was never in jeopardy.

Mumford followed Sousa and Keogh with ten kills -- four coming in succession in the first two games. She also had three blocks, as did Dougherty and Loomis. Loomis was the fourth player with double-digit kills, with 11. She was also perfect on ten receptions.

As a team, Eastern committed only five reception errors, and amassed 20 blocks and 16 service aces.

Eastern visits SUNY New Paltz Wednesday at 7 p.m. New Paltz swept Eastern in its second match of the season Sept. 1.

Eastern Conn. 3, Western New England College 1

Eastern Conn. (26-8)	29	30	30	30
Western NE (15-10)	31	21	12	17

little east conference

Saturday, October 21, 2006

STREAKING WARRIORS DISPATCH ARCADIA, MONTCLAIR

Eastern volleyball sweeps two matches, has won 22 of 26 since September 9

MONTCLAIR, NJ – Middle blocker **Emma Sousa (Jr./Coventry)** had 32 kills with a .500 attack percentage and **Priscilla Dougherty (Jr./Island Park, NY)** set 76 kills to power the streaking Eastern Connecticut State University women's volleyball team to three-game sweeps over first-time opponents Arcadia University and Montclair State University Saturday afternoon at Panzer Gymnasium.

Eastern swept Arcadia (9-12) 30-20, 30-15, 30-18 and Montclair State (12-18) 31-29, 30-19, 30-22.

Eastern (25-8) has won its last six and has captured 22 of 26 since Sept. 9, when it started the season with a 3-4 record in its first seven matches. Ranked seventh in New England, the Warriors have won ten straight games over a four-match stretch.

In the two wins, Eastern attacked at .279, had a .949 service percentage with 17 aces and committed only five reception errors on 111 tries for a .955 percentage. On the season entering place, Eastern was attacking at .178 as a team with a .920 serve percentage and a .917 reception percentage.

On the afternoon, Sousa committed only six attack errors on 52 attempts, averaging 5.33 kills per game. She also totaled six blocks and was successful on 28 of 30 serves, with two aces. In addition to 76 assists, Dougherty added 11 kills and a .367 attack percentage, served 30 balls with only two errors, and collected 17 digs. Defensive specialist **Marianna Capomolla (Sr./Stamford)** made only one reception on 40 tries for a .975 percentage and had 35 digs (5.83 per game) and four service aces.

Right-side hitter **Lesley Mumford (Sr./Yarmouth, MA)** had 11 kills and six blocks on the afternoon, outside hitters **Sandra Jaques (So./Milford)** and **Jessica Keogh (Sr./Monroe)** contributing ten each. Keogh also had a team-high five service aces to go along with 13 digs, Jaques adding 18 digs and outside hitter **Lauren Odell (Fr./Dover Plains, NY)** ten.

With their totals, Capomolla moved into second place all-time with career 1,780 digs, 65 behind all-time leader Jessica Leifert; and Sousa moved into fourth place all-time with 1,053 career kills. Dougherty is ranked sixth all-time with 1,858 assists, 118 shy of fifth place.

Eastern visits Western New England College Monday at 7 p.m.

Eastern Conn. 3, Arcadia U. 0

Arcadia U. (9-11)	20	15	18
Eastern Conn. (24-8)	30	30	30

Eastern Conn. 3, Montclair State U. 0

Eastern Conn. (25-8)	31	30	30
Montclair State U. (12-18)	29	19	22

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MAILING ADDRESS: Sports Center, Eastern Connecticut State University, 83 Windham St.
Willimantic, CT 06226

MOLTA, Bob (Athletics)

From: Mike Scala [scalam@mail.montclair.edu]
Sent: Saturday, October 21, 2006 7:13 PM
To: Zazzera, Joy; MOLTA, Bob (Athletics)
Subject: Tri-Match Story and Game Files

Bob, Joy,

Here are the match files and story in case you need them. Thank you to your coaches for making this extremely easy today. With football and soccer going on, it was hectic, they helped alot.

Thanks again,
 Mike

MONTCLAIR STATE VOLLEYBALL SPLITS IN HOME TRI-MATCH

Red Hawks Knock Off Arcadia, Fall to Eastern Connecticut

Montclair, NJ (10/21/06) – The Montclair State volleyball team split a pair of matches as the Red Hawks hosted their second tri-match at Panzer Gymnasium on Saturday afternoon. MSU (12-18) knocked off Arcadia University in three sets before falling to Eastern Connecticut State in three-sets in their second match. In the middle contest of the day, Eastern Connecticut (24-8) defeated Arcadia (9-12), 3-0.

In the match versus Arcadia, senior **Heather Aciz (Secaucus, NJ/Secaucus)** had 15 kills and eight digs as Montclair posted the straight-set victory, 30-11, 30-25 and 33-31. Freshman **Anna Chesnakova (East Brunswick, NJ/East Brunswick)** added eight kills and had five solo blocks while **Kara Burham (Moorestown, NJ/Moorestown)** added nine kills and seven digs. Sophomore **Samantha Karpinski (Hackensack, NJ/Hackensack)** added five kills with setter **Elyse Grywalski (Mount Olive, NJ/Mount Olive)** contributing 20 assists off the bench. Freshman **Raisa Silva (Newark, NJ/East Side)** had 12 assists and libero **Meghan Stevens (Woodcliff Lake, NJ/Pascack Hills)** had a team-best 15 digs.

Alex Cann (Mariposa, CA/Mariposa) and **Sam Schad (Exeter, PA/Exeter)** had nine kills apiece for the Knights with **Kristen Kafka (Candor, NY/Candor High)** adding six kills and a match-high 19 digs. Cann added three block solos while **Maci Mascall (Dayville, OR/Grant Union)** had 17 digs. **Rachel Glass (Conshohocken, PA/Plymouth Whitmarsh)** recorded 22 assists for Arcadia.

In the final match of the day, Junior **Emma Sousa (Coventry, CT/Coventry)** had 12 kills and four block assists as the Eastern Connecticut defeated Montclair, 31-29, 30-19 and 30-22. **Sandra Jaques (Milford, CT/Jonathan Law)** had eight kills, 13 digs and four block assists with **Lesley Mumford (Yarmouth, MA/Dennis-Yarmouth)** contributing seven kills. **Priscilla Dougherty (Island Park, NY/West Hempstead)** had 37 assists and eight digs.

For Montclair State, Karpinski finished with 14 kills and two blocks while **Karen Martin (Sicklerville, NJ/Washington Township)** had 10 kills, two service aces and eight digs. Aciz had seven kills and 11 digs with Silva picking up 28 assists.

10/21/2006

Eastern Connecticut began its afternoon defeating Arcadia, 30-20, 30-15 and 30-18. Sousa had 20 kills and eight digs while **Jessica Keough (Monroe, CT/Montauk)** had six kills, three service aces and six digs. **Angela Loomis (Meriden, CT/F.T. Maloney)** had six kills as did Dougherty, who also added 39 assists and nine digs.

For Arcadia, Cann had eight kills with Kafka recording four and eight digs. Schad had 15 digs while Glass collected 15 assists. Mascall had 13 digs for the Knights.

little east conference

Wednesday, October 18, 2006

EASTERN W-VOLLEYBALL EMERGES WITH SWEEP

Warriors survive game point twice in Game 3 in three-game win over Wesleyan

WILLIMANTIC, Conn. – The Eastern Connecticut State University women's volleyball team won three games by a total of ten points in a sweep of Wesleyan University Wednesday night in its final regular-season home match at Francis E. Geissler Gymnasium.

After winning the first two games by scores of 30-25 and 30-27, Eastern (23-8) survived game point twice in Game 3 for a 32-30 triumph. Eastern has won four straight and eight of nine while Wesleyan (13-7) has lost three straight. The Warriors have swept the Cardinals the last two times the teams have met in Willimantic.

There were 13 ties in Game 1 before Eastern took the lead for good, 17-16, with the final five-point margin equaling the Warriors' biggest lead of the game.

Eastern, now 9-2 at home this year, never trailed in Game 2. The Warriors led by as many as five points before Wesleyan rallied to tie the game three times, the final time at 23-all. At that point, Eastern libero **Marianna Capomolla (Sr./Stamford)** sandwiched two service aces around a Wesleyan attack error that gave the Warriors a 26-23 lead.

Eastern led Game 3 by as many as three points, 20-17, but Wesleyan scored five straight to move ahead, 22-20. Twice, Wesleyan moved to within game point, at 29-28 and 30-29, but Eastern battled back both times. Middle blocker **Emma Sousa (Jr./Coventry)** had a kill that kept Eastern alive and tied the game at 29-29, and Wesleyan was called for a double hit that again pulled the Warriors even at 30-30. A Wesleyan attack error ended the match.

(more)

E-MAIL: molta@easternct.edu

WEB SITE: <http://www.easternct.edu/depts/athletics>

MAILING ADDRESS: Sports Center, Eastern Connecticut State University, 83 Windham St.
Willimantic, CT 06226

1782

Sousa, who last week became the sixth player in program history with 1,000 career kills, had 16 kills and four blocks, outside hitter **Jessica Keogh (Sr./Monroe)** adding 12 kills and five service aces. Defensively, Capomolla had 21 digs and three service aces and successfully handled 27 of 29 reception attempts. Setter **Priscilla Dougherty (Jr./Island Park, NY)** had 30 assists to move ahead of Beth Hackett and into fifth place all-time in career assists (1,982). She also had 13 digs and six kills. Right-side hitter **Lesley Mumford (Sr./Yarmouth, MA)** equalled her second-highest total of the year with nine kills, posting a .333 attack percentage. Outside hitter **Sandra Jaques (So./Milford)** chipped in 11 digs.

Five-foot-11 inch sophomore outside hitter Lisa Drennan of Wesleyan collected a game-high 18 kills and attacked at .424. Freshman setter Ellie Healy had 32 set assists and 13 digs, senior defensive specialist Tory Molnar 14 digs. Five-foot-11 inch Jettie Word, six-foot-one inch Caroline Rober and six-foot Rebecca Rodger, all juniors, had four blocks each.

Wesleyan featured five starters standing 5-foot-11 or taller. Eastern had two starters as tall as 5-foot-10.

Eastern visits Montclair State University Saturday to face Arcadia University (1 p.m.) and the host Red Hawks (3 p.m.).

Eastern Conn. 3, Wesleyan U. 0

Wesleyan U. (13-7)	25	27	30
Eastern Conn. (23-8)	30	30	32

little east conference

Sunday, October 15, 2006

EASTERN W-VOLLEYBALL DOWNS NEWBURY, CLARK

Warriors complete 18-game marathon in 31 hours with two wins

WILLIMANTIC, Conn. -- The Eastern Connecticut State University women's volleyball team completed a busy 31-hour stretch with wins over Newbury College and Clark University Sunday at Francis F. Geissler Gymnasium.

After winning two of three matches Saturday at the MIT Quad in Cambridge, MA, Eastern (22-8) returned to Geissler Gymnasium Sunday morning to sweep Newbury College (12-14) 31-29, 30-17, 30-21, then came back Sunday afternoon to down Clark (11-8) 30-21, 30-16, 23-30, 30-16. Newbury dropped both contests on the day, losing to Clark 30-26, 30-24, 33-31.

In a span of 31 hours between Saturday morning and Sunday afternoon, Eastern played a total of 18 games, winning 12 and posting a 4-1 record.

Against Newbury Sunday morning, middle blocker **Emma Sousa (Jr./Coventry)** had 17 kills and three blocks, right-side hitter **Lesley Mumford (Sr./Yarmouth, MA)** ten kills and three blocks; setter **Priscilla Dougherty (Jr./Island Park, NY)** 36 set assists and 13 digs; defensive specialist **Marianna Capomolla (Sr./Stamford)** 19 receptions with no errors and ten digs; outside hitter **Ashley Tuggle (Fr./South Windsor)** ten digs; and outside hitters **Jessica Keogh (Sr./Monroe)** and **Lauren Odell (Fr./Dover Plains, NY)** four service aces each.

Against Clark, Dougherty set a career high with 50 set assists to go along with eight kills and 11 digs; Sousa had 21 kills with a .359 attack percentage, nine digs and three blocks; Keogh nine kills, six service aces, and seven digs; outside hitter **Sandra Jaques (So./Milford)** nine kills; and Capomolla 31 receptions with no errors, and 28 digs.

Since early September, Eastern has won 19 of 23 matches, having lost as many as two in a row only once. The Warriors improved their record at Geissler Gym this season to 8-2 following Sunday's two victories.

Eastern closes out its home regular season Wednesday at 7 p.m. against Wesleyan University.

Eastern Conn. 3, Newbury College 0

Newbury College (12-13)	29	17	21
Eastern Conn. (21-8)	31	30	30

Clark U. 3, Newbury College 0

Clark U. (11-7)	30	30	33
Newbury College (12-14)	26	24	31

Eastern Conn. 3, Clark U. 1

Clark U. (11-8)	23	16	30	16
Eastern Conn. (22-8)	30	30	23	30

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little east conference

Sunday, October 15, 2006

**Women's Volleyball
At Willimantic, Conn.**

Eastern Conn. 3, Newbury College 0

Newbury College (12-13)	29	17	21
Eastern Conn. (21-8)	31	30	30

STAT LEADERS

Newbury: Taraja Laws 13 kills, 7 blocks; Michelle Mountjoy 14 digs; Katie Hawkes 28 set assists.

Eastern Conn.: Emma Sousa 17 kills, 3 blocks; Lesley Mumford 10 kills, 3 blocks; Jessica Keogh 4 service aces; Lauren Odell 4 service aces; Priscilla Dougherty 36 set assists, 13 digs; Marianna Capomolla 19 receptions with no errors; 10 digs; Ashley Tuggle 10 digs.

Clark U. 3, Newbury College 0

Clark U. (11-7)	30	30	33
Newbury College (12-14)	26	24	31

STAT LEADERS

Clark U.: Margo Labadorf 16 kills, 18 digs; Karleen Porena 11 kills; Sarah Hunsucker 10 kills, 6 service aces; Larissa Christensen 13 digs, 18 set assists; Emily Visone 12 digs; Tiffany Ong 21 set assists.

Newbury: Sandra Karalekas 10 kills; Jadine Ferri 20 digs; Katie Hawkes 21 set assists; Megan Marr 5 blocks.

Eastern Conn. 3, Clark U. 1

Clark U. (11-8)	23	16	30	16
Eastern Conn. (22-8)	30	30	23	30

STAT LEADERS

Clark U.: Margo Labadorf 9 kills; Sarah Hunsucker 9 kills, 3 service aces; Tiffany Ong 13 set assists; Larissa Christensen 13 set assists, 12 digs; Emily Visone 14 digs; Liz Magler 3 blocks.

Eastern Conn.: Emma Sousa 21 kills, 9 digs, 3 blocks; Jessica Keogh 9 kills, 6 service aces, 7 digs; Sandra Jaques 9 kills; Lesley Mumford 6 kills; Priscilla Dougherty 8 kills, 50 set assists, 11 digs; Marianna Capomolla 31 receptions with no errors, 28 digs.

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little east conference

Saturday, Oct. 14, 2006

EASTERN W-VOLLEYBALL SECOND AT MIT QUAD

Marianna Capomolla, Emma Sousa represent Warriors on all-tournament team

CAMBRIDGE, Mass. – The Eastern Connecticut State University women's volleyball team won two of three matches Saturday at the MIT Quad, in the process giving the program its 24th season of at least 20 victories.

Eastern (20-8) defeated first-time opponent Centre College (11-17) and Colby-Sawyer College (13-9) in four games, and losing in three games to MIT (23-3). Ranked first in New England, MIT swept all three of its matches to successfully defend its tournament title.

Defensive specialist **Marianna Capomolla (Sr./Stamford)** and middle blocker **Emma Sousa (Jr./Coventry)** represented Eastern on the all-tournament team. Capomolla had 72 digs and 67 reception attempts with one error for a .985 percentage in the tournament; Sousa had 49 kills and a .408 attack percentage, eight blocks, and three service aces. Setter **Priscilla Dougherty (Jr./Island Park, NY)** set for 100 kills and added 36 digs.

In a hotly-contested win over Centre – where the four games were decided by 15 total points -- Sousa had 19 kills and outside hitter **Jessica Keogh (Sr./Monroe)** added 14 kills and a .323 attack percentage. Dougherty had 42 assists and 15 digs, Capomolla 31 digs and outside hitter **Angela Loomis (Jr./Meriden)** 19. Capomolla was perfect on 28 reception attempts.

Against MIT, middle block **Lindsey Odell (Fr./Dover Plains, NY)** had 20 digs, right-side hitter Lesley Mumford (Sr./Yarmouth, MA) four blocks, Capomolla 14 digs and three service aces and Dougherty 19 assists and ten digs. The three-game loss to MIT marked the first time the team has been swept in a more than a month.

Outside hitter **Sandra Jaques (So./Milford)**, who sat out Thursday's sweep of Smith College with a hand injury, had six of Eastern's 13 service aces against Colby-Sawyer. Sousa had 21 kills and a .606 attack percentage and four blocks; Keogh seven kills and 15 digs; Dougherty 39 set assists and 11 digs, Capomolla 27 digs and 21 reception attempts with one errors, and Mumford two blocks.

(more)

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Eastern dropped the first game against Colby-Sawyer but stormed back to win three straight in recording its 20th win of the season. The Warriors have enjoyed three straight 20-win seasons under fourth-year head coach **Jolie Ward** and have captured at least 20 matches in five of the last six years and in 24 of the last 27 campaigns.

Eastern hosts Newbury College (11 a.m.) and Clark University (3 p.m.) Sunday at Geissler Gymnasium.

Eastern Conn. 3, Centre College 1

Eastern Conn.	32	30	25	30
Centre College	30	27	30	25

MIT 3, Eastern Conn. 0

MIT	30	30	30
Eastern Conn.	21	27	13

Eastern Conn. 3, Colby-Sawyer College 1

Eastern Conn.	25	30	30	30
Colby-Sawyer College	30	18	13	17

MIT WOMEN'S VOLLEYBALL CLAIMS FIRST PLACE IN QUAD MATCH
Amanda Morris and Alex May Earn All-Tournament Honors

CAMBRIDGE, Mass. – The MIT women's volleyball team did not drop a game as it captured its second consecutive MIT Quad Tournament title on Saturday. Eastern Connecticut State University finished second, with Centre College placing third and Colby-Sawyer College taking fourth place.

All-Tournament Team

Kate Bennett, Centre
Melissa Estabrook, Colby-Sawyer
Marianna Capomolla, Eastern Connecticut
Emma Sousa, Eastern Connecticut
Alex May, MIT

Tournament MVP: Amanda Morris, MIT

Final Standings

1. MIT (3-0)
2. Eastern Connecticut State University (2-1)
3. Centre College (1-2)
4. Colby-Sawyer College (1-2)

20-3

MIT 3, Colby-Sawyer 0 (30-21, 30-24, 30-18)
Eastern Connecticut 3, Centre 1 (32-30, 30-27, 25-30, 30-25)

MIT 3, Eastern Connecticut 0 (30-21, 30-27, 30-13)
Centre 3, Colby-Sawyer 2 (32-30, 29-31, 29-31, 31-29, 15-10)

MIT 3, Centre 0 (30-23, 30-27, 30-15)
Eastern Connecticut 3, Colby-Sawyer 1 (25-30, 30-18, 30-13, 30-17)
Saturday, Oct. 14, 2006

Men's Cross Country
at Mansfield Hollow State Park
Mansfield, Conn.

Eastern Conn. 28, Rhode Island College 31

1. Eric Longergan ® 29:16; 2. Michael Curley (E) 30:03; 3. Greg Ahnrud ® 30:08; 4. James Smith ® 30:34; 5. Nicholas Noheimer (E) 30:42; 6. David Tignonsini (E) 30:55; 7. Zak Taylor (E) 31:11; 8. Jim Condren (E) 31:12; 9. Sam Buczek (E) 31:23; 10. Sean McLaughlin (E) 31:47; 11. Mark Lewis (E) 32:25; 12. Greg Clark (E) 32:28; 13. Bryan Diggle ® 32:50; 14. Anthony Mendes (E) 33:35; 15. Jim Varano (E) 34:09; 16. James Hampton (E) 34:34.

little east conference

Saturday, Oct. 14, 2006

Women's Volleyball
MIT Quad
At Cambridge, Mass.

Final Standings	Record
1. MIT (3-0)	23-3
2. Eastern Connecticut State U. (2-1)	20-8
3. Centre College (1-2)	11-17
4. Colby-Sawyer College (1-2)	13-9

MIT 3, Colby-Sawyer 0 (30-21, 30-24, 30-18)

Eastern Conn. 3, Centre 1 (32-30, 30-27, 25-30, 30-25)

MIT 3, **Eastern Conn.** 0 (30-21, 30-27, 30-13)

Centre 3, Colby-Sawyer 2 (32-30, 29-31, 29-31, 31-29, 15-10)

MIT 3, Centre 0 (30-23, 30-27, 30-15)

Eastern Conn. 3, Colby-Sawyer 1 (25-30, 30-18, 30-13, 30-17)

All-Tournament Team

Kate Bennett, Centre

Melissa Estabrook, Colby-Sawyer

Marianna Capomolla, Eastern Conn.

Emma Sousa, Eastern Conn.

Alex May, MIT

Amada Morris, MIT*

**-Most Valuable Player*

Eastern's statistical leaders

Marianna Capomolla (Sr./Stamford)

72 digs, 67 reception attempts with 1 error (.985)

Emma Sousa (Jr./Coventry)

49 kills, 103 attempts, 7 errors (.408 pct.)

8 blocks, 3 service aces

Priscilla Dougherty (Jr./Island Park, NY)

100 set assists, 36 digs