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little east conference

Saturday, November 15, 2003

**Division III New England Regional  
Men's Cross-Country Championship**  
at Twin Brook Recreation Center, Cumberland, ME  
Run over 5 miles

**Team Results  
TOP TEN**

1. Tufts U. 74; 2. Keene State College 98; 3. Williams College 107; 4. Amherst College 145; 5. MIT 148; 6. Bates College 192; 7. Colby College 219; 8. Bowdoin College 253; 9. Connecticut College 268; 10. Wesleyan U. 280; **33. EASTERN CONN. 933.**

**Eastern finishers**

116. Pat Dennen 28:52; 160. Jay Smith 29:39; 215. Jamie Fedeli 31:38; 221. Glenn Stiewing 32:06; 233. Wayne Richardson 32:57; 235. Mark Lewis 33:25; 260. Adam Eldridge 37:04.

**Division III New England Regional  
Women's Cross-Country Championship**  
at Twin Brook Recreation Center, Cumberland, ME  
Run over 6,000 meters

**Team Results  
TOP TEN**

1. Middlebury College 51; 2. Williams College 77; 3. Amherst College 113; 3. Trinity College, CT 113; 5. Bowdoin College 171; 6. Bates College 194; 7. Wesleyan U. 215; 8. Keene State College 253; 9. Tufts U. 269; 10. Colby College 280; **30. EASTERN CONN. 876.**

**Eastern finishers**

148. Sarah Levy 25:59; 175. Erin Fitzpatrick 26:47; 181. Marie Sansone 26:55. 191. Susie Mliinarcik 27:20; 198. Bobbi Fields 27:35; 216. Jessie Marshall 28:45; 222. Amber Parenteau 29:19.

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little east conference

Saturday, Nov. 1, 2003

**LEVY GAINS ALL-ALLIANCE HONORS AT CONFERENCE MEET**  
*Freshman finishes 20th among 85 runners at New England Alliance Championship*

WESTFIELD, Mass. – **Sarah Levy (GRISWOLD)** became the second Eastern Connecticut State University freshman to earn all-alliance honors when she placed 20th in a field of 85 Saturday at the New England Alliance/Little East Conference Women's Cross-Country Championship at Stanley Park.

Levy paced Eastern to a sixth-place finish among nine scoring teams in New England Alliance competition. The Warriors placed fourth in a four-team Little East Conference field of scoring teams. The New England Alliance Meet is comprised of teams from the Little East Conference and the Massachusetts State College Athletic Conference (MASCAC).

Little East member Keene State captured three of the top five individual alliance spots and the top three Little East positions in rolling to its fourth straight alliance and conference championship. Senior Karen Jordan of Keene won the individual Little East championship and was second to Worcester State College freshman Olivia Patch among alliance competitors. Jordan was timed in 18:56 over the 5,000 yard course.

Levy (20:53) becomes the second Eastern freshman and seventh Eastern individual overall since the advent of the alliance meet in 1997 to gain all-alliance honors, which are accorded to the top 20 finishers. Among alliance competitors, Levy was the fifth freshman finisher overall and placed third among Little East freshman participants. Overall, she placed 12th among 44 Little East finishers (the top seven are named All-Little East Conference). Until this year, Marcy Johnston (2000) had been the program's only freshman all-alliance awardee.

Eastern was well-represented with nine competitors. Levy was the only one to improve upon her time of three weeks ago, when the Warriors competed at the James Earley Invitational on this course. Although a muddy course made for generally slower times Saturday, Levy was able to cut 43 seconds off her previous effort of 21:36 when she was Eastern's third finisher (51st overall among 162 finishers) in the Earley race.

Behind Levy, three Eastern runners finished within 12 seconds of each other. First-year junior **Marie Sansone (STAMFORD)** placed 31st overall in the alliance meet, senior **Erin Fitzpatrick (LEOMINSTER, MA)** 34th and senior **Susie Mlinarcik (ALEXANDRIA, VA)** 35th. Sansone was timed in 21:40 in placing 19th in the Little East race, Fitzpatrick 21:52.10 (21st) and Mlinarcik (22nd) 21:52.50.

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Junior **Bobbi Fields (PORTLAND)** completed Eastern's scoring by placing 48th overall in the alliance meet and 32nd in the Little East in a time of 22:41.

Completing the Eastern contingent were junior **Amber Parenteau (CENTRAL VILLAGE)**, sophomore **Tracy Gallivan (EAST HARTFORD)**, freshman **Jessie Marshall (YANTIC)** and first-year sophomore **Laura Tignonsini (VERNON)**.

Eastern competes in the ECAC Division III Championship Saturday at Tufts University at 11 a.m.

**little east conference/New England Alliance  
Women's Cross-Country Championships  
at Stanley Park, Westfield, MA  
Run over 5,000 yards**

**Team Results**

1. Keene State College 33; 2. U. of Southern Maine 60; 3. Bridgewater State College 83; 3. Westfield State College 83; 5. Massachusetts Dartmouth 101; **6. EASTERN CONN. STATE U. 150**; 7. Worcester State College 177; 8. Mass Maritime Academy 261; 9. Fitchburg State College 273.

**Eastern finishers**

20. Sarah Levy 20:53; 31. Marie Sansone 21:40; 34. Erin Fitzpatrick 21:52; 35. Susie Mlinarcek 21:52; 48. Bobbi Fields 22:41; 51. Amber Parenteau 22:54; 63. Tracy Gallivan 23:34; 65. Jessie Marshall 23:37; 81. Laura Tignonsini 27:20.

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little east conference

Saturday, Nov. 1, 2003

**THREESOME LEADS WARRIORS AT NEW ENGLAND ALLIANCE MEET**

*Senior Pat Dennen misses all-alliance honors by one spot as team places eighth*

WESTFIELD, Mass. – Senior **Pat Dennen** (NEWTOWN) placed 21st in a field of 97 alliance competitors Saturday as Eastern Connecticut State University's No. 1 runner at the New England Alliance/Little East Conference Men's Cross-Country Championship at Stanley Park.

Led by Dennen, classmate **Jay Smith** (NORWICH) and junior **Glenn Stiewing** (NEWTOWN), Eastern earned an eight-place finish among 11 New England Alliance teams and was fifth in a six-team Little East Conference field over the 8,000 meter layout.

The New England Alliance Meet is comprised of teams from the Little East Conference and the Massachusetts State College Athletic Conference (MASCAC).

The team's alliance finish is down from an all-time best of fourth a year ago, the Warriors losing their top three and five of their top seven finishers from that race

New England small-college power Keene State College of the Little East Conference eased to the New England Alliance and Little East team titles. The Owls totaled just 24 points in the alliance meet and 18 in Little East competition. The top-ranked Division III team in New England, Keene bested Rhode Island College by 75 points in the alliance scoring and by 57 in the Little East scoring. Keene's scorers took five of the top eight alliance places and five of the top six against Little East competitors. Keene, led Saturday by 1-2 finishers Dave Bridgewater (25:21) and Josh Ferenc (25:39), has won both races in each of the seven years in which it has competed.

Dennen fell one spot shy of earning All-New England Alliance honors. He was clocked in 27:43.10, just behind No. 20 finisher Misha Knuettell of Rhode Island College (27:41.30). Smith, hampered by a injured foot, was 42 seconds behind Dennen, placing 27th overall in the alliance meet in a time of 28:25. It marked only the second time in seven years that Eastern was not represented with an All-New England Alliance selection.

Although a muddy course Saturday slowed most times considerably, both Dennen and Smith matched almost identically their times on this course from three weeks ago when the Warriors finished 11th at the James Earley Invitational. Stiewing (29:52) broke the 30 minute barrier, however, clipping 20 seconds off his previous time on this course. Stiewing was 59th overall in the alliance meet. Senior **Jamie Fedeli** (SHELTON) and junior **Ben Webster** (POMPERAUG) rounded out Eastern's scorers. Fedeli placed 74th overall in a time of 31:36 and Webster 76th at 31:45.

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Freshmen **Wayne Richardson (BROOKLYN)** and **Mark Lewis (WINDSOR)** and senior **Adam Eldridge (OLD SAYBROOK)** completed Eastern's eight-person contingent.

Eastern competes in the ECAC Division III Championship Saturday at Tufts University at 11 a.m.

**little east conference/New England Alliance  
Men's Cross-Country Championships  
at Stanley Park, Westfield, MA  
Run over 8,000 meters**

**Team Results**

1. Keene State College 24; 2. Rhode Island College 99; 3. U. of Southern Maine 109; 4. Fitchburg State College 110; 5. Massachusetts Dartmouth 121; 6. Mass Maritime Academy 176; 7. Westfield State College 181; **8. EASTERN CONN. STATE U. 208**; 9. Salem State College 262; 10. Massachusetts Boston 284; 11. Worcester State College 291.

**Eastern finishers**

21. Pat Dennen 27:43; 27. Jay Smith 28:25; 59. Glenn Stiewing 29:52; 74. Jamie Fedeli 31:36; 76. Ben Webster 31:45; 78. Wayne Richardson 32:03; 87. Mark Lewis 34:20. 92. Adam Eldridge 38:27.

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little east conference

4/5  
Saturday, October 18, 2003

**SMITH, DENNEN PACE MEN'S CROSS-COUNTRY AT REGIS INVITE**  
*Warriors tune up for Little East championship by capturing fifth place*

WESTON, Mass. -- Seniors **Jay Smith (NORWICH)** and **Pat Dennen (NEWTOWN)** finished second and fourth, respectively, in a field of 114 runners as the Eastern Connecticut State University men's cross-country team placed fifth among 14 teams Saturday at the Regis College Cross-Country Invitational.

Smith and Dennen finished within 12 seconds of each other. The Warriors were one of only two teams to place two runners among the top ten.

Eastern totalled 118 points, just seven points out of third place. WPI won the meet with 59 points -- with its five scoring runners finishing among the top 20 over the 8,000 meter course.

Smith was just 18 seconds off the pace of individual winner Fabian Mejia of Salem State and Dennen less than two seconds behind No. 3 finisher Steve Infascelli of UMass Boston.

"Jay (28:17) and Pat (28:29) worked very well together," praised third-year head coach **Frank Poulin** of Dennen and Smith, who have led all Eastern runners at the finish in each of the team's five races this fall. "And the rest of the men also continued to improve."

For the second straight meet, junior **Glenn Stiewing (NEWTOWN)**, and freshman **Wayne Richardson (BROOKLYN)** filled in as the Warriors' No. 3 and No. 4 finishers. Stiewing (30:41) came in 30th overall and Richardson (31:39) 46th, with junior **Ben Webster (SOUTHBURY)** rounded out the Eastern scorers by placing 49th overall in a time of 31:48. Stiewing accumulated 28 points, Richardson 41 and Webster 43.

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*Best time Mark Lewis (Windsor)*  
Rounding out the group were senior **Jamie Fedeli (SHELTON)**, senior **Peter Kellogg (NEW HARTFORD)** and senior **Adam Eldridge (OLD SAYBROOK)**. Fedeli was 52nd overall (32:00), Kellogg 64th (33:43) and Eldridge 92nd (38:23).

The meet was the second in as many weeks for the Warriors, who will rest next weekend in preparation for the Little East Conference/New England Alliance Meet Nov. 1 at Stanley Park in Westfield, MA. Salem State and UMass Boston, which placed ninth and tenth, respectively in the meet, will compete in the alliance meet.

"Being the final meet prior to the championship, it was great to see so much teamwork come into play," added Poulin.

Last year, the team placed fourth among five Little East teams and fourth among ten alliance teams at the championship meet at Keene State. In 15-years of the championship meet, Eastern has placed as high as second four times. The Warriors have had six all-conference performers in that time, most recently in 1995. The top seven finishers are named all-conference.

At the Little East meet, Eastern will be returning to Stanley Park, where it placed 11th among 17 teams at the James Earley Invitational Oct. 11.

**Regis College Cross-Country Invitational  
at Weston, MA  
Run over 8.000 meters**

**Team Results**

1. WPI 59; 2. Mass. Maritime Academy 64; 3. Clark U. 111; 4. Southern New Hampshire College 112; **5. EASTERN CONN. 118**; 6. Endicott College 145; 7. Franklin Pierce College 212; 7. New England College 212; 9. Salem State College 276; 10. Massachusetts Boston 277; 11. Emmanuel College 283; 12. Rivier College 326; 13. Newbury College 357; 14. Daniel Webster College 380.

**Eastern finishers**

2. Jay Smith 28:17; 4. Pat Dennen 28:29; 30. Glenn Stiewing 30:41; 46. Wayne Richardson 31:39; 49. Ben Webster 31:48; 52. Jamie Fedeli 32:00; 64. Peter Kellogg 33:43; 92. Adam Eldridge 38:23.

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little east conference

Saturday, October 18, 2003

**ECSU WOMEN'S CROSS-COUNTRY 3rd IN 16-TEAM FIELD AT REGIS**  
*Fitzpatrick, Sansone, Levy place among top 20 in field of 131 runners*

WESTON, Mass. -- The Eastern Connecticut State University women's cross-country team tuned up for the upcoming Little East Conference Championship by taking third place in a field of 16 teams Saturday at the Regis College Cross-Country Invitational.

Senior **Erin Fitzpatrick (LEOMINSTER, MA)**, junior **Marie Sansone (STAMFORD)** and freshman **Sarah Levy (GRISWOLD)** crossed the finish line simultaneous, in the 17-18-19 slots, with senior **Susie Mlinarcik (ALEXANDRIA, VA)** and junior **Amber Parenteau (CENTRAL VILLAGE)** close behind.

Over the 5,000 meter course, Fitzpatrick was officially timed in 21:47.10, Sansone 21:47.60 and Levy 21:47.90. Mlinarcik was 23 seconds behind Levy and Parenteau 12 seconds back of Mlinarcik as the Warriors accumulated 89 points to edge Endicott by three points for third place. The Gulls placed two runners among the top ten but the Warriors countered with four runners ahead of Endicott's No. 3 finisher.

For Eastern, less than one minute separated its 1-through-6 runners. Freshman **Jessie Marshall (YANTIC)** was sixth for Eastern (34th overall) in a time of 22:45) and sophomore **Tracy Gullivan (EAST HARTFORD)** seventh (47th overall) at 23:30. Sophomore **Laura Tignonsini (VERNON)** rounded out the Eastern finishers. She was 94th overall in a time of 26:40.

"This was the best display of 'pack' running this season," praised third-year head coach **Frank Poulin**. "Erin (Fitzpatrick) led the way, but there was only 58 seconds between our No. 1 and No. runners. With the conference meet in two weeks, it was great to see so much teamwork."

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The order of finish at Regis for Eastern was identical to that of last Saturday, when the Warriors claimed ninth place in a field of 13 at the James Earley Invitational at Stanley Park in Westfield, MA. Eastern returns to Stanley Park Nov. 1 for the Little East Conference/New England Alliance Championship. Eastern placed fourth in a five-team Little East field and sixth among eight alliance teams a year ago at Keene State College. In 15 years of the conference meet, Eastern has had two different individuals earn all-conference honors a total of seven times. The top seven finishers are named all-conference.

**Regis College Cross-Country Invitational**  
**Run over 5,000 meters**  
**Team Results**

1. WPI 61; 2. Bridgewater State College 68; **3. EASTERN CONN. 89**; 4. Endicott College 92; 5. Southern New Hampshire College 149; 6. Clark U. 184; 7. Worcester State College 196; 8. Lasell College 221; 9. Franklin Pierce College 225; 10. Emmanuel College 252; 11. St. Joseph College 269; 12. Mass. Maritime Academy 309; 13. Mt. Ida College 396; 14. Newbury College 415; 15. Rivier College 418; 16. Daniel Webster College 424.

**Eastern finishers**

17. Erin Fitzpatrick 21:47.10; 18. Marie Sansone 21:47.60; 19. Sarah Levy 21:47.90; 23. Susie Mlinarcik 22:11; 27. Amber Parenteau 22:23; 34. Jessie Marshall 22:45; 47. Tracy Gallivan 23:30; 94. Laura Tignonsini 26:40.

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little east conference

Saturday, October 18, 2003

**ECSU WOMEN'S CROSS-COUNTRY 3rd IN 16-TEAM FIELD AT REGIS**  
*Fitzpatrick, Sansone, Levy place among top 20 in field of 131 runners*

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Senior **Erin Fitzpatrick (LEOMINSTER, MA)**, junior **Marie Sansone (STAMFORD)** and freshman **Sarah Levy (GRISWOLD)** crossed the finish line simultaneous, in the 17-18-19 slots, with senior **Susie Mlinarcik (ALEXANDRIA, VA)** and junior **Amber Parenteau (CENTRAL VILLAGE)** close behind.

Over the 5,000 meter course, Fitzpatrick was officially timed in 21:47.10, Sansone 21:47.60 and Levy 21:47.90. Mlinarcik was 23 seconds behind Levy and Parenteau 12 seconds back of Mlinarcik as the Warriors accumulated 89 points to edge Endicott by three points for third place. The Gulls placed two runners among the top ten but the Warriors countered with four runners ahead of Endicott's No. 3 finisher.

For Eastern, less than one minute separated its 1-through-6 runners. Freshman **Jessie Marshall (YANTIC)** was sixth for Eastern (34th overall) in a time of 22:45 and sophomore **Tracy Gallivan (EAST HARTFORD)** seventh (47th overall) at 23:30. Sophomore **Laura Tignonsini (VERNON)** rounded out the Eastern finishers. She was 94th overall in a time of 26:40.

"This was the best display of 'pack' running this season," praised third-year head coach **Frank Poulin**. "Erin (Fitzpatrick) led the way, but there was only 58 seconds between our No. 1 and No. runners. With the conference meet in two weeks, it was great to see so much teamwork."

(more)

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**Regis College Cross-Country Invitational**  
**Run over 5,000 meters**  
**Team Results**

1. WPI 61; 2. Bridgewater State College 68; 3. **EASTERN CONN. 89**; 4. Endicott College 92; 5. Southern New Hampshire College 149; 6. Clark U. 184; 7. Worcester State College 196; 8. Lasell College 221; 9. Franklin Pierce College 225; 10. Emmanuel College 252; 11. St. Joseph College 269; 12. Mass. Maritime Academy 309; 13. Mt. Ida College 396; 14. Newbury College 415; 15. Rivier College 418; 16. Daniel Webster College 424.

**Eastern finishers**

17. Erin Fitzpatrick 21:47.10; 18. Marie Sansone 21:47.60; 19. Sarah Levy 21:47.90; 23. Susie Mlinarcik 22:11; 27. Amber Parenteau 22:23; 34. Jessie Marshall 22:45; 47. Tracy Gallivan 23:30; 94. Laura Tignonsini 26:40.

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little east conference

Saturday, September 27, 2003

#3

**SMITH, DENNEN PLACE 3-4 AT RAY DWYER CROSS-COUNTRY INVITE**  
**Warriors' top runners among leaders in field of 61; Eastern places fifth**

WARWICK, RI -- Seniors **Jay Smith (NORWICH)** and **Pat Dennen (NEWTOWN)** placed 3-4 Saturday to pace the Eastern Connecticut State University men's cross-country team to fifth place in a field of seven at the Ray Dwyer Cross-Country Invitational, hosted by Rhode Island College at Goddard Memorial State Park.

The 2002 team champion, Eastern totalled 103 points this time to finish ahead of the Community College of Rhode Island (180) and Johnson & Wales University (182). A total of 61 runners finished the 8,800 yard race, the team title of which was shared by Little East Conference foe University of Massachusetts Dartmouth and Division II Bryant College (50 points each).

Dennen placed third and Smith fourth in last year's race, with one second separating the pair. This year, five seconds separated the seniors. En route to last year's title, the Warriors placed all five of their scorers among the Top Ten. This year, however, only Smith and Dennen were able to crack the Top Ten. Smith was timed in 28:01, 39 seconds behind individual champion Abdi Abdulgani of UMass Dartmouth. Abdulgani also won last week's UMass Dartmouth Invitational, where the Warriors placed 18th among 26 schools.

Senior **Kristopher Sortwell (DAYVILLE)**, junior **Glenn Stiewing (NEWTOWN)** and freshman **Wayne Richardson (BROOKLYN)** rounded out Eastern's scorers. Sortwell was 26th overall, Stiewing 33rd and Richardson 38th.

Eastern competes in the James Earley Invitational Oct. 11 at Stanley Park in Westfield, MA.

**TEAM RESULTS**

1. Bryant College 50; 1. Massachusetts Dartmouth 50; 3. Rhode Island College 69; 4. Assumption College 87; **5. EASTERN CONN. 103**; 6. CC of Rhode Island 180; 7. Johnson & Wales U. 182.

**EASTERN FINISHERS**

3. Jay Smith 28:01; 4. Pat Dennen 28:06; 26. Kristopher Sortwell 30:13; 33. Glenn Stiewing 30:54; 38. Wayne Richardson 31:27; 48. Jamie Fedeli 32:37; 60. Adam Eldridge 40:44.

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little east conference

Saturday, September 27, 2003

#3

**EASTERN W-CROSS-COUNTRY FIFTH AT RAY DWYER INVITATIONAL**  
*Sixty-four seconds separate top six runners; Levy leads at finish again*

WARWICK, RI -- Led by freshman **Sarah Levy (GRISWOLD)**, the Eastern Connecticut State University women's cross-country team placed its top six runners within 64 seconds Saturday at the Ray Dwyer Cross-Country Invitational, hosted by Rhode Island College at Goddard Memorial State Park.

Levy led the Warriors at the tape for the second straight race. She placed 19th overall among 85 finishers over the 5,000 meter course in leading the Warriors to fifth place among seven teams. Division II Assumption College (39 points) edged the U.S. Coast Guard Academy (41) to capture the team title. Coast Guard freshman Meredith Nitzberg won the individual title by seven seconds over UMass Dartmouth junior Stephanie Hunt.

Eastern's top six runners were separated by only 64 seconds, with its five scorers coming in 51 seconds apart. Senior **Erin Fitzpatrick (LEOMINSTER, MA)**, who missed last Saturday's Massachusetts Dartmouth Invitational, was 28th overall in a time of 21:25, 30 seconds behind Levy (20:55). **Senior Susie Mlinarcik (ALEXANDRIA, VA)** was 33rd overall in a time of 21:36, junior **Marie Sansone (STAMFORD)** 35th at 21:43 and junior **Bobbi Fields (PORTLAND)** 36th at 21:46.

Eastern competes in the James Earley Invitational Oct. 11 at Stanley Park in Westfield, MA.

**TEAM RESULTS**

1. Assumption College 39; 2. U.S. Coast Guard Academy 41; 3. Massachusetts Dartmouth 87; 4. Bryant College 124; **5. EASTERN CONN. 132**; 6. Johnson & Wales U. 160; 7. CC of Rhode Island 169.

**EASTERN FINISHERS**

19. Sarah Levy 20:55; 28. Erin Fitzpatrick 21:25; 33. Susie Mlinarcik 21:36; 35. Marie Sansone 21:43; 36. Bobbi Fields 21:46; 41. Jessie Marshall 21:59; 42. Amber Parenteau 22:16; 55. Tracy Gallivan 23:22; 77. Laura Tignonsini 25:32.

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little east conference

Saturday, September 20, 2003

**NEWCOMERS PACE EASTERN WOMEN'S XC AT UMASS DARTMOUTH**  
*Top five finishers separated by 59 seconds as Warriors place 19th in 28-team field*

NORTH DARTMOUTH, Mass. -- Freshman **Sarah Levy (GRISWOLD)** led eight Eastern Connecticut State University finishers at the tape as the women's cross-country team placed 19th in a field of 28 teams Saturday at the 31st Annual University of Massachusetts Dartmouth Invitational.

Four of the team's eight finishers were newcomers, among them Levy, first-year junior **Marie Sansone (STAMFORD)** and freshmen **Jessie Marshall (YANTIC)** and **Melissa Gill (BETHEL)**. Levy, Sansone and Marshall led Eastern at the finish and were followed by senior **Susie Mlinarcik (ALEXANDRIA, VA)** and junior **Amber Parenteau (CENTRAL VILLAGE)**. That group of five was separated by just 59 seconds and totalled the team's 550 points.

Trinity College (CT) repeated the title it won a year ago. The Bantams totalled 56 points, with Amherst College (83) second. The University of Southern Maine led all Little East Conference competitors, placing 12th. A total of 224 runners finished the race.

In her second collegiate race, Levy was clocked in 20:49 over 5,000 meters, placing 96th overall; Sanson (21:18) was 113th, Marshall (21:41) 120th, Mlinarcik (21:48) 127th and Parenteau (21:48) 128th.

Behind Eastern's five scorers were juniors **Bobbi Fields (PORTLAND)** and **Michells Sposato (NORWICH)** and Gill. Fields was 144th in a time of 22:15, Sposato 153th (22:38) and Gill 155th (22:43).

"The women ran very well," noted third-year head coach **Frank Poulin**. "Our depth showed through as eight runners finished at 22:43 or better. This is by far," added Poulin, "the deepest talent the women's team has ever had."

Sposato knocked 22 seconds off her time from a year ago, when the team placed 25th in a field of 37.

The meet was the second of the season for Eastern, which had been idle since opening the season Sept. 6 against Clark University. Eastern is scheduled to compete at the Ray Dwyer Invitational at Goddard Memorial State Park Saturday at 11 a.m.

(more)

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**2003 University of Massachusetts Cross-Country Invitational  
Women's Results  
Run over 5,000 meters at North Dartmouth, MA  
Team Results**

1. Trinity College, CT 56; 2. Amherst College 83; 3. Wellesley College 126; 4. MIT 150; 5. Colby College 154; 6. Brandeis U. 218; 7. Springfield College 228; 8. U.S. Coast Guard Academy 246; 9. Smith College 252; 10. UMass Lowell 253; 11. Conn College 255; 12. U. of Southern Maine 331; 13. UMass Dartmouth 353; 14. St. Anselm College 357; 15. Salve Regina U. 424; 16. Westfield State College 434; 17. Bridgewater State College 483; 18. Mount Holyoke College 489; **19. EASTERN CONN. STATE U. 550**; 20. Babson College 574; 21. U. of Hartford 583; 22. Western New England College 706; 23. Emmanuel College 717; 24. Johnson & Wales U. 732; 25. St. Joseph's College 784; 26. UMass Boston 799; 27. Mass. Maritime Academy 835; 28. Eastern Nazarene College 851.

**Individual Results  
Top 10**

1. Marissa Clapp (Springfield) 17:24; 2. Aly Venti (Amherst) 17:34; 3. Shauneen Garrahan (Amherst) 18:02; 4. Christina Kane (Trinity) 18:09; 5. Kirsti Fitzgerald (Conn) 18:15; 6. Kristina Miner (Trinity) 5:53; 7. Christina Serminatis (unattached) 18:20; 8. Tracy Bassett (Wellesley) 18:23; 9. Julia Espel (MIT) 18:24; 10. Kristina Depeau (Trinity) 18:25.

**Eastern finishers**

96. Sarah Levy 20:49; Marie Sansone 21:18; 120. Jessie Marshall 21:41; 127. Susie Mlinarcik 21:48; 128. Amber Parentau 21:48; 144. Bobbi Fields 22:15; 153. Michelle Sposato 22:38; 155. Melissa Gill 22:43.

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little east conference

Saturday, September 20, 2003

**EASTERN MEN'S CROSS-COUNTRY 18TH AT UMD INVITATIONAL**  
*Veterans Dennen, Smith, Sortwell pace Warriors in 26-team field*

NORTH DARTMOUTH, Mass. -- Seniors **Pat Dennen (NEWTOWN)**, **Jay Smith (NORWICH)** and **Kristopher Sortwell (DAYVILLE)** led the Eastern Connecticut State University men's cross-country team to an 18th-place finish in a 26-team field Saturday at the 31st Annual University of Massachusetts Dartmouth Invitational.

Dennen led all Eastern runners over the 8,040 meter course for the second time in his two-year career, placing 52nd overall among 204 finishers in a time of 27:46. He was followed closely by Smith (79th overall/28:20). Sortwell was 135th overall in a time of 30:26.

Following a fourth-place finish in 2002, Amherst College (64 points) edged Tufts University by a point for the team title. Trinity was the state's top finisher, placing fourth overall while the University of Southern Maine was the led all Little East Conference schools with a tenth-place showing.

A total of seven Eastern runners finished the race. Behind the top three, three of the next four Eastern performers are in their first seasons with the team. Sophomore **William Kopplin (LEDYARD)** was 138th (30:36), freshman **Wayne Richardson (BROOKLYN)** 146th (31:10), senior **Jamie Fedeli (SHELTON)** 162nd (32:43) and freshman **Mark Lewis (WINDSOR)** 201st (44:57). Among those four, only Fedeli returned from last year's team, but he did not participate in this race in 2002.

Last year, Eastern placed 11th in a 31-team field but was without five of the eight finishers from that race.

The meet was the second of the season for Eastern, which had been idle since opening the season Sept. 6 against Clark University. Eastern is scheduled to compete at the Ray Dwyer Invitational at Goddard Memorial State Park Saturday at 11 a.m.

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**2003 University of Massachusetts Cross-Country Invitational  
Men's Results  
Run over 8,040 meters at North Dartmouth, MA  
Team Results**

1. Amherst College 64; 2. Tufts U. 65; 3. MIT 87; 4. Trinity College, CT 133; 5. Conn College 165; 6. Brandeis U. 181; 7. UMass Lowell 190; 8. Colby College 202; 9. U.S. Coast Guard Academy 232; 10. U. of Southern Maine 233; 11. UMass Dartmouth 294; 12. Springfield College 353; 13. Babson College 198; 14. U. of Maine-Farmington 427; 15. Mass. Maritime Academy 447; 16. Westfield State College 455; 17. Bridgewater State College 499; 18. **EASTERN CONN. STATE U. 507**; 20. U. of Hartford 567; 21. Western New England College 592; 21. Rhode Island College 592; 23. Johnson & Wales U. 607; 24. UMass Boston 698; 25. Eastern Nazarene College 752; 26. Emmanuel College 764.

**Individual Results  
Top 10**

1. Abdulgani Abdi (UMD) 25:08; 2. Jim Emord (unattached) 25:27; 3. Ben Schmeckpeper (MIT) 25:29; 4. Michael Page (Amherst) 25:40; 5. John Stanton-Geddes (Amherst) 25:41; 6. Jonathan Serrell (Naval Academy Prep) 25:50; 7. Dan Crespin (Brandeis U.) 25:53; 8. Matthew Lacey (Tufts) 25:54; 9. Matthew Katz (Amherst) 25:55; 10. Brian Anderson (MIT) 26:00.

**Eastern finishers**

52. Patrick Dennen 27:46; 79. Jay Smith 28:20; 135. Kristopher Sortwell 30:26; 138. ~~William Kopplin~~ 30:36; 146. Wayne Richardson 31:10; 162. Jamie Fedeli 23:43; 201. Mark Lewis 44:57.

*Glenn Stacey*